

Superior

Series

English Learning



Preparatory **1** Second Term **2026**

- ★ Vocabulary
- ★ Expressions
- ★ Grammar
- ★ Exercises



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UNIT 7

Reviving the spirit of civilization

Lessons 1 & 2

The Royal Parade

Honoring the Past, Building the Future

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
parade	عرض احتفالي	mummies	موميאות	bury	يدفن
royal	ملكي	witness	يشهد	vehicle	مركبة
ceremonies	مراسم / طقوس	costumes	أزياء خاصة	preserve	يحفظ / يصون
ancestors	أجداد / أسلاف	grand	كبير / مهيب	expert	خبير
performer	مؤدي	pharaohs	الفراعنة	honor	يكرم / يحيى

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
soldiers	جنود	heritage	تراث	glorious	عظيم / عريق
archaeologists	علماء الآثار	square	ميدان	strict	صارم / حازم
monuments	آثار	route	طريق	duty	واجب
restore	يرمم / يسترد	security	أمن	gather	يتجمع / يحتشد
treasures	كنوز	pride	فخر	crowds	حشود / تجمعات
historical	تاريخي	decorated	مزين	gloves	قفازات

Conjugation of Verbs:

Verb	meaning	past	Past participle
Shine	يشرق – يلمع	shone	shone
come	يأتي	came	come
understand	يفهم	understood	understood

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
grand	عظيم / كبير	great/impressive	simple/ small	بسيط / صغير
honor	يكرم	respect	disrespect	يحتقر
preserve	يحافظ / يصون	protect / conserve	destroy	يدمر
valuable	لا يقدر بثمن	priceless	worthless	عديم القيمة

Prefixes & Suffixes

Suffixes	Function	example	meaning
-less	تكون الصفة من الاسم	priceless	لا تقدر بثمن
-en	تكون الصفة من الاسم	golden	ذهبي
-ation	تكون الاسم من الفعل	generation - civilization	جيل حضارة
-al	تكون الصفة من الاسم	traditional	تقليدي
-ive	تكون الصفة من الفعل	creative	مبدع
-ance	تكون الاسم من الفعل	performance	عرض / أداء

Definitions

Word	Meaning	Definitions
royal mummies	المومياءات الملكية.	the preserved bodies of ancient kings and queens
witness	يشهد	to see something happen with your own eyes
parade	موكب	a line of people or things moving together for celebration
vehicle	مركبة	car, bus, or machine used to travel from place to place
costumes	أزياء	clothes worn for a special event or tradition
ceremonies	مراسم	a set of actions done in the same way for a long time
heritage	تراث	important history, culture, and traditions passed from one generation to another
grand	عظيم / كبير	very large, important, or impressive
restore	يرمم / يعيد	to bring something back to its original condition
(be) lined	مصطف	to be placed along the sides of a street or path

Lesson 1 - Reading

"The Pharaohs' Golden Parade"

On Saturday, April 3, 2021, Egypt **amazed** the world with a once-in-a-lifetime event move of 22 **royal mummies** from the Egyptian Museum in **Tahrir Square** to the **National Museum** of Egyptian **Civilization**.

The streets of Cairo shone with golden lights as crowds gathered to **witness** history come alive. The **mummies** of great **pharaohs** such as Ramses II and Queen Hatshepsut began their journey through the city in a grand **parade**

called "The Pharaohs' Golden Parade." Each mummy was carefully placed in a specially designed **vehicle** decorated with ancient symbols and protected by **security** teams. Along the route, **soldiers**, musicians, and **performers** in



traditional costumes **honored** Egypt's **glorious** past with performances inspired by ancient ceremonies.

People across the world watched the event live on television and online. The parade was not just a **ceremony** it was a message to the world that Egypt has **preserved** its history with pride and must continue **protecting** its **priceless heritage** for future generations.

It is our duty to protect our history and preserve our ancient **treasures** for the future. Egyptian cities are **lined** with tourists who want to see how much Egypt respects its **grand** civilization and honors its **ancestors**. Scientists and **archaeologists** must follow **strict** rules to protect the mummies. Some of them were buried thousands of years ago, so the **experts** must wear **gloves** and use soft tools. They mustn't use anything sharp that might damage them. **Citizens** should visit museums and **historical** sites to learn about their roots. By exploring **monuments**, they discover how powerful and creative their ancestors were. People don't need to be experts to enjoy Ancient Egypt; museums help **restore** the past and make it easy for everyone to understand. Teachers always **remind** us that respecting our history is the key to building a successful future.



Exercise on Vocabulary

①- Read the sentences and complete with the words in the box.

vehicle - modern - ancient - parade - golden

Everyone in Egypt was excitingly waiting for the big event to start soon. The royal mummies (1)..... moved slowly through the busy streets of Cairo. Many people watched the (2)..... kings and queens move to a new home. Each mummy traveled in a special (3)..... that looked like a boat. The cars were (4)..... and very shiny in the bright light. It was a truly wonderful day for our country's history.

②- Choose the correct answer from a, b, c or d::

1. The Pharaoh's tomb has many royal..... that showed Egypt's ancient heritage.

(A)- ceremonies (B)- mummies (C)- outfits (D)- clothes

2. A..... ceremony was held for the king's birthday.

(A)- royal (B)- worthless (C)- poor (D)- risky

3. In the past, ancient Egyptians..... the dead in great tombs.

- (A) - invited (B) - buried (C) - delivered (D) - repaired
4. The parade moved slowly through the streets of Cairo with great.....and joy.
- (A) - tradition (B) - pride (C) - journey (D) - symbol
5. "Restore" means to rebuild and repair, while its opposite is".....
- (A) - apply (B) - reply (C) - destroy (D) - repair
6.mean cars, buses, or machines used to travel from place to place.
- (A) - Ceremonies (B) - Symbols (C) - Mummies (D) - Vehicles
7. The museum decided tothe royal mummies to protect Egypt's glorious history.
- (A) - inspire (B) - decorate (C) - preserve (D) - witness
8. At night, the city begins to..... alive with lights and music.
- (A) - give (B) - move (C) - come (D) - take
9.are clothes worn for a special event or tradition.
- (A) - Mummies (B) - Costumes (C) - Vehicles (D) - Customs
10. Soldiers and the security team helpedthe Pharaoh's mummies.
- (A) - witness (B) - preserve (C) - amaze (D) - transfer
11. The new museum has a..... entrance with tall doors and big statues.
- (A) - tiny (B) - grand (C) - cheap (D) - weak
12. People musttraditions and respect their history.
- (A) - destroy (B) - forget (C) - cancel (D) - preserve
13.are clothes worn for a special event or tradition.
- (A) - Customs (B) - Uniforms (C) - Costumes (D) - Casual
14. The preserved bodies of ancient kings and queens are royal.....
- (A) - furniture (B) - mummies (C) - statues (D) - paintings
15.means to see something happen with your own eyes.
- (A) - Witness (B) - Forgive (C) - Miss (D) - Steal
16. People can travel from place to another by using different types of.....
- (A) - clothes (B) - colors (C) - vehicles (D) - presents
17. Scientists and archaeologists must follow strict rules. The word "rules" means.....
- (A) - habits (B) - habitats (C) - homes (D) - laws
18. The parade.....place at the National Museum of Egyptian Civilization.
- (A) - took (B) - made (C) - saw (D) - did

Grammar In Use

Using Modal Verbs for Necessity, Advice, Unnecessity & Prohibition.

استخدام الأفعال الناقصة للتعبير عن الضرورة النصيحة ، عدم الضرورة ، الحظر.

يجب أن / يجب ألا : must / mustn't

- We use "must" to talk about a strong rule, important obligation or something you feel necessary.

تستخدم (must) بمعنى يجب أن للتحدث عن قاعدة أو إلزام هام أو أشياء من الضروري القيام بها. كما تستخدم للإلزام الداخلي

1 Affirmative الإثبات

مصدر الفعل + inf. يجب أن + must الفاعل Subject

ex. - You **must** follow the teacher's instructions.

- We use "**mustn't**" to talk about something isn't allowed.

تستخدم (mustn't) بمعنى (يجب ألا) للتحدث عن أشياء غير مسموح القيام بها.

2 Negative النفي

مصدر الفعل + inf يجب ألا + mustn't الفاعل Subject

ex. - Students **mustn't** shout in classroom.

يجب أن / من الضروري أن / لابد أن have to / has to 2

- We use "have to/ has to" when something is necessary because of rules and when there is no other choice.

تستخدم have to / has to عندما يكون شيء ما من الضروري القيام به بسبب القواعد ليس لديك اختيار آخر.

التكوين Formation

مصدر الفعل + inf. has to اسم مفرد - He She It

مصدر الفعل + have to inf. اسم جمع - I-We You They

ex. - We **have to** wear our school uniform every day.

- She **has to** follow the rules in the museum.

ليس من الضروري don't/doesn't have to 3

- We use "don't have to / doesn't have to" when something is not necessary.

Negative

تستخدم don't have to / doesn't have to عندما يكون شيء ما ليس من الضروري القيام به.

مصدر الفعل + Inf. doesn't have to اسم مفرد - He She It

I-We You They - don't have to + inf. اسم جمع

ex. - I **don't have to** get up early tomorrow because it is a holiday!

- He **doesn't have to** hurry. He isn't late for school.

4 "should & shouldn't" ينبغي أن / ينبغي ألا

- We use "should" for good idea / helpful advice.

تستخدم (should) للنصيحة فكرة جيدة / نصائح مفيدة.

1 Affirmative الإثبات

مصدر الفعل + inf ينبغي أن + should الفاعل Subject

ex. - You **should** choose your friends carefully.

- We use "**shouldn't**" to give advice for (not good ideas / not useful).

تستخدم (shouldn't) عند إعطاء النصيحة الفكرة غير جيدة أو شيء غير مفيد.

2 Negative

مصدر الفعل + inf ينبغي ألا + shouldn't الفاعل Subject

ex.- You **shouldn't** say unkind things to people on social media.



Exercise on Grammar

①- Choose the correct answer from a, b, c or d::

1. When you feel stressed, you..... take a deep breath and relax for a while.

(A) - should (B) - shouldn't (C) - mustn't (D) - ought

2. In the library, students..... be quiet and read their books.

(A) - mustn't (B) - must (C) - has to (D) - don't have to

3. If the soup is too hot, you..... wait a few minutes before eating it.

(A) - shouldn't (B) - should (C) - have (D) - need

4. The traffic light is red, so the cars stop now.

(A) - must (B) - mustn't (C) - should (D) - don't have to

5. On the weekend, we get up early.

(A) - should (B) - must (C) - mustn't (D) - don't have to

6. To be healthy, you..... eat your vegetables every day.

(A) - should (B) - shouldn't (C) - mustn't (D) - has to

7. Aida wear a uniform because she is at school today.

(A) - has to (B) - have to (C) - mustn't (D) - shouldn't

②- Rewrite the following sentences using the word(s) between brackets:

1. I advise you to brush your teeth. (should)
.....
2. It is very important to follow the school rules. (have to)
.....
3. It is not allowed to touch the museum artifacts. (mustn't)
.....
4. It is necessary for us to help the poor. (must)
.....
5. I advise you not to waste your time. (shouldn't)
.....
6. It is necessary to be calm during exams. (must)
.....
7. It is my advice for him to send the email. (should)
.....
8. It is a good idea to do your homework before playing games. (should)
.....
9. You aren't allowed to swim in this area. (mustn't)
.....
10. I advise you to follow a daily routine. (should)
.....
11. You are not allowed to make noise in the library. (mustn't)
.....
16. It is against the law to wait here. (mustn't)
.....



Exercise on Lessons 1 & 2

① - Choose the correct answer from a, b, c or d::

1.....means to bring something back to its original condition.

- (A) - Connect (B) - Communicate (C) - Witness (D) - Restore

2. We add the suffix "....." to form the adjective from the noun "tradition".

- (A) - -ment (B) - -ing (C) - -al (D) - -ly

3. AB The synonym of the word "gather" is "..... together".

- (A) - control (B) - send (C) - separate (D) - get

4. The palace has a grand entrance with huge doors. The word "grand" here means.....

- (A) - impressive (B) - small (C) - simple (D) - noisy

3. When it isn't raining, you..... take your umbrella with you.

- (A) - should (B) - shouldn't (C) - have to (D) - don't have to

4. The sign says you..... swim here because it is deep.

- (A) - should (B) - don't have to (C) - mustn't (D) - have to

5. My brother..... do his homework before he watches TV.

- (A) - has to (B) - have to (C) - shouldn't (D) - mustn't

② - Rewrite the following sentences using the word(s) between brackets:

1. It is a good idea to help your mother in the kitchen. (should)

2. It is banned to smoke inside the hospital or the clinic. (mustn't)

6. Hoda does not need to bring her umbrella to the park. (doesn't have to)

③ - Write a paragraph of about (90) words on:

"The move of royal mummies"

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Lessons 3 & 4

Discovering the Grand Egyptian Museum- Story Time

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
magnificent	رائع / مذهل	artifacts	قطع أثرية	displays	عروض
civilization	حضارة	promising	واعد	blend	مزيج
exhibition	معرض	symbol	رمز	center	مركز
interactive	تفاعلي	cultural	ثقافي	celebrate	يحتفل بـ
conservation	الحفاظ	digital guides	دليل رقمي	wonders	عجائب

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
archaeological	أثري	3D models	نماذج ثلاثية الأبعاد	locate	يحدد موقع
glass fronts	واجهات زجاجية	workshop	ورشة عمل	single	مفرد / وحيد
national pride	الفخر القومي	slide out	ينزلق للخارج	refuse	برفض
experience	خبرة	dumpling	ساذج / احمق	break	يكسر
forever	للأبد	axe	فأس	return	يعود
rudely	بوقاحة	forest	غابة	injure	يجرح / يصيب

Conjugation of Verbs:

Verb	meaning	past	Past participle
make	يصنع	made	made
show	يعرض	showed	shown
tell	يخبر	told	told

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
magnificent	رائع / مهيب	wonderful / impressive	ordinary/ugly	عادي قبيح
promising	واعد	hopeful / encouraging	hopeless	بلا أمل
modern	حديث	new / up-to-date	old-fashioned	قديم الطراز
unique	فريد / مميز	special	traditional	تقليدي

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ion	تكون الاسم من الفعل	exhibition	عرض
-al	تكون الصفة من الاسم	cultural	ثقافي
-ive	تكون الصفة من الفعل	interactive	تفاعلي
-ment	تكون الاسم من الفعل	achievement	إنجاز
-cal	تكون الصفة من الاسم	archaeological	أثرى

Definitions

Word	Meaning	Definitions
artifact	قطعة اثرية	a piece of art or tool made by humans long ago
civilization	حضارة	people's way of life, culture, and achievements
exhibition	معرض	a public display of objects or artworks
symbol	رمز	a picture or sign that shows something
magnificent	رائع - مذهل	extremely beautiful

Lesson 1 - Reading

The Grand Egyptian Museum (GEM)

The **Grand Egyptian Museum** (GEM) is one of Egypt's most **magnificent** cultural projects. It is **located** near the Giza Pyramids. It stands as a bridge between Egypt's great past and its **promising** future. Designed with modern building, glass fronts, and large **exhibition** halls, the museum covers over 480.000 square meters, making it the world's largest archaeological museum for a single **civilization**. The GEM will house more than **100.000 artifacts** that tell the story of Ancient Egypt.



What makes the museum special is its blend of tradition and technology. **Interactive** displays, **3D models**, and digital guides allow visitors to explore Ancient Egypt in a new way. The GEM also includes a conservation center, library, cinema, and spaces for **workshops** and culture events. More than just a museum, the Grand Egyptian Museum is a symbol of national pride. It **celebrates** Egypt's unique heritage while welcoming the world to **experience** the wonder of its **civilization** in the heart of Giza.

Chapter one – The Three brothers

Once upon a time, there was a poor man who had three sons. The eldest was proud and **selfish**, the middle son was clever but unkind, and the

youngest was kind and often laughed. People called him "Dummling", yet he had a good heart. One day, their father sent each son into the forest to cut wood. The eldest brother went first. As he worked, an old man came closer to him, asking for food and water. The eldest son, thinking only of himself, and rudely refused. Soon after, his axe slipped, and he injured his hand. Tired and angry, he went home with little to show. The next day, the middle brother went to the forest. He too met the old man, who asked kindly for food and drink. The middle son laughed at him and walked away. Not long after, his axe broke, and he returned home with nothing. Both brothers laughed at Dummling when their father told him it was his turn, for they thought he could not succeed. But Dummling, though simple, had a heart full of kindness that would soon change his life forever.



Exercise on Vocabulary

①- Read the sentences and complete with the words in the box.

explore - tradition - workshops - parade - models

What makes the museum special is its blend of (1).....and technology. Interactive displays, 3D(2)....., and digital guides allow visitors to (3).....Ancient Egypt in a new way. The GEM also includes a conservation center, library, cinema, and spaces for (4).....and culture events.

②- Choose the correct answer from a, b, c or d::

1. A/Anis a public display of objects or artworks.

- (A)- firework (B)- match (C)- exhibition (D)- market

2. What makes the museum special is its blend of tradition and technology.

The word "blend" is similar in meaning to.....

- (A)- mixture (B)- hobby (C)- separation (D)- habit

3. They come to experience the wonders of its civilization in the heart of Giza. The word "heart" means.....

- (A)- under (B)- above (C)- center (D)- age

4. The New Administrative Capital is a symbol of national.....

- (A)- income (B)- heritage (C)- pride (D)- teams

5. The word "unique" is the "....." of "ordinary".
 (A) - synonym (B) - antonym (C) - adverb (D) - noun
6. The suffix "....." forms the noun of the word "exhibit".
 (A) -ness (B) -less (C) -ment (D) -ion
7. The words "promising" and "....." are synonyms.
 (A) - hopeful (B) - disappointing (C) - hopeless (D) - useless
8. AB The suffix "....." changes the word "culture" into an adjective.
 (A) -ment (B) -ity (C) -ness (D) -al
9. A..... is a picture or sign that shows something.
 (A) - symbol (B) - cinema (C) - rock (D) - rope
- 10..... means extremely beautiful.
 (A) - Boring (B) - Ugly (C) - Ordinary (D) - Magnificent
11. Famous museums often have acenter, a cinema, and a library.
 (A) - location (B) - wonders (C) - celebration (D) - conservation
12. The city has unique buildings that attract tourists. The word "unique" here means.....
 (A) - ordinary (B) - common (C) - normal (D) - special
13. The word "public" is the antonym of "....."
 (A) - private (B) - open (C) - social (D) - general
14. The suffix "....." changes the word "achieve" into a noun.
 (A) -ful (B) -ness (C) -ity (D) -ment



Exercise On Chapter 1

① - Write True (T) or False (F):

1. Dummling was the youngest son. { }
2. The old man offered the brothers food and water. { }
3. The middle brother came back with a lot of wood. { }
4. The eldest son was kind and selfish. { }
5. The middle brother went to the forest before the eldest brother. { }
6. The youngest son refused to share his bread with the old man. { }
7. The eldest brother shared his food with the old man. { }

8. The youngest son was selfish and rude. { }
9. The brothers believed Dummling would succeed easily. { }
10. The eldest son rudely refused to help the old man. { }

② - Answer the following questions:

1. 48 What happened to the eldest son?

.....

2. Who in the story was called Dummling? Why?

.....

3. How did the eldest brother feel after injuring his hand?

.....

4. What mistake did the middle brother make in the forest ?

.....

5. How is Dummling described in the story?

.....

6. What did the eldest and middle sons think Dummling would do?

.....

7. What can we learn from the failures of the eldest and middle brothers?

.....

8. How did refusing to help the old man affect the older brothers?

.....

9. Who do you think will succeed in the story? Why?

.....

10. What did the old man want from the sons?

.....

Lessons 5 & 6

Let's Talk- Advice Blog

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
breathtaking	مذهل - رائع	historians	مؤرخين	disturb	يزعج
volunteering	تطوع	experience	تجربة	wisdom	حكمة
masterpiece	تحفة فنية	architect	مهندس معماري	advice	نصيحة

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
highlight	يبرز	elderly	مسن	visitor	زائر
corridors	ممرات	respectful	يتسم بالاحترام	beauty	جمال
charities	جمعيات خيرية	witnessed	شهد	block	يسد / يعوق
powerful	قوى	excited	متحمس	lines	صفوف
tour guide	مرشد سياحي	behave	يسلك / يتصرف	artist	فنان

Conjugation of Verbs:

Verb	meaning	past	Past participle
send	يرسل	sent	sent
show	يظهر / يبين	showed	shown

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
breathtaking	رائع / مذهش	amazing/magnificent	boring/ugly	ممل / قبيح
powerful	قوى	strong	weak	ضعيف
respectful	يتسم بالاحترام	polite	rude	غير مهذب
noisy	صاحب / مزعج	loud	quiet	هادئ
preserve	يحفظ	protect /save	damage/destroy	يدمر
witness	يشهد	see / notice	neglect/ignore	يتجاهل

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ed	يكون الصفة من الفعل	excited	متحمس
-ist	تكون اسم الفاعل	artist	فنان
-ian	تكون اسم الفاعل	historian	مؤرخ

-dom	تكون الاسم من الصفة	wisdom	حكمة
-or	تكون الاسم من الفعل	visitor	زائر

Lesson 1 - Reading

The Grand Egyptian Museum (GEM)

Leen: Hi Bassem! You look **excited** today. What happened?

Bassem: Hi Leen! I watched the opening of the Grand Egyptian Museum on TV yesterday.

Leen: Really? How was it?

Bassem: It was **breathtaking**. The whole event looked like a masterpiece.

Leen: Wow! What made it so special?

Bassem: People from all over the world **witnessed** the opening live on TV.

Leen: Did Egypt send a message to the world through this **event**?

Bassem: Of course! Egypt showed the world how great the **Pharaohs** were and how rich our **history** is.

Leen: I heard many teams worked on the event. Is that true?

Bassem: Yes. Police, **architects**, artists, and historians worked together. It was a day of **national pride**.



Advice Blog: Visiting the Grand Egyptian Museum

Visiting the Grand Egyptian Museum is a breathtaking **experience** that fills every Egyptian with pride. When you go, you must follow the rules to help preserve our heritage. You must **respect** the royal mummies and other monuments. You mustn't touch anything, and you should speak **quietly**. You have to book your **ticket**, but you don't have to bring a guide because **information** is everywhere. You shouldn't block the halls, which are often lined with visitors. A good visit shows the wisdom of our **ancestors** and keeps their history alive.

My School Advice Blog

School is a place where we learn, grow, and work together. To make our school a better place for everyone, you must always be **respectful** to your teachers and **classmates**. You have to arrive on time because being late disturbs the class. Students must keep the school clean and put rubbish in the bins. You mustn't shout in the **corridors**, as this makes the school too noisy. Everyone has to bring their books and **materials** every day. Finally, you should help new students and make them feel welcome. Following these simple rules helps **create** a safe and friendly school for all.





Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

have - monuments - block - parade - quietly

You must respect the royal mummies and other(1)..... You mustn't touch anything, and you should speak(2)..... You have to book your ticket, but you don't (3).....to bring a guide because information is everywhere. You shouldn't (4).....the halls, which are often lined with visitors.

①- Choose the correct answer from a, b, c or d::

1. The word "heritage" means

- (A)- the future (B)- modern life (C)- technology (D)- ancient history

2. A museum is a place where artifacts are.....

- (A)- worked (B)- played (C)- displayed (D)- performed

3. The Avenue of Sphinxes in Luxor is a..... walkway.

- (A)- trade (B)- historical (C)- scary (D)- modern

4. "Preserve" means.....

- (A)- destroy (B)- lose (C)- forget (D)- protect

5. My grandparents are part of my family; they are my.....

- (A)- descendants (B)- neighbors (C)- ancestors (D)- classmates

6. We add the suffix".....". To turn the word "respect" into an adjective .

- (A)- -ist (B)- -ian (C)- -ness (D)- -ful

7. You should be..... when speaking with your teachers.

- (A)- noisy (B)- polite (C)- ugly (D)- alive

8. You can book your ticket online to avoid..... in long lines.

- (A)- waiting (B)- listening (C)- giving (D)- following

9. Many people..... in community clean-ups to help keep the streets clean.

- (A)- serve (B)- hear (C)- feel (D)- volunteer

10. A person who creates beautiful paintings is called a/an.....

- (A)- architect (B)- artist (C)- historian (D)- carpenter

11. It rained, so Mona stayed inside. The word "....." is the opposite of "inside".

- (A)- outside (B)- indoor (C)- over (D)- above

12. The with each other...was crowded during break time; students were chatting loudly

- (A)- theater (B)- cinema (C)- corridor (D)- library

13. We should always..... the elderly by listening to them and helping them daily.

- (A)- support (B)- contrast (C)- report (D)- forget



Test On Unit 7

① - a. Listen to the text and write True (T) or False (F):

1. The museum is special because it only uses old tradition. { }
2. Visitors can explore Ancient Egypt using 3D models and digital guides. { }

① - b. Listen again and complete:

3. The museum combines two things: tradition and
4. To help visitors explore in a new way, the museum uses displays.
5. Besides history, the GEM has spaces for a library, a cinema, and

② - Choose the correct answer from a, b, c or d:

1. The museum has many ancient artifacts from Egypt. The word "ancient" is opposite to ".....".
(A) - powerful (B) - traditional (C) - modern (D) - necessary
2. To keep our history alive, we must the next. traditions from one generation to
(A) - serve (B) - stop (C) - damage (D) - pass
3. The price of the new phone is very high. When we add the suffix ".....". to "price", we create the adjective.
(A) - ful (B) - less (C) - ous (D) - al
4. During the parade, people stood eagerly to..... the royal mummies.
(A) - take part (B) - bring back (C) - witness (D) - move

③ - Read and complete the text with the words in the box:

center - located - future - welcomed - mixture

The Grand Egyptian Museum (GEM) is one of Egypt's most magnificent cultural projects. It's (1) near the Giza Pyramids. It stands as a bridge between Egypt's great past and its promising (2)..... The GEM also includes a conservation (3)....., library, cinema, and spaces of workshops and culture events. It's special as it is a (4)of tradition and technology.

④ - Read the following text, then answer the questions:

Egypt is a great country in the world. It has a wonderful place in Africa. Cairo is the capital of Egypt. The main language is Arabic. The weather in Egypt is fine all the year. Many tourists come from all over the world to enjoy it. They enjoy its ancient places such as the Egyptian Museum and the Pyramids. They can also visit Luxor and Aswan to see Luxor Temples and the High Dam in Aswan. They can also visit Hurghada to enjoy diving and watching the wonderful views under water in the Red Sea. They can buy souvenirs for their friends and relatives. Tourists can have the famous Egyptian delicious food like koshari and falafel.

4 - a. Choose the correct answer from a, b, c or d:

1. Tourists visit Hurghada to enjoy.....

- (A) - diving (B) - flying (C) - eating (D) - sleeping

2. The underlined word "wonderful" means.....

- (A) - tasty (B) - ancient (C) - amazing (D) - high

4 - b. Answer the following questions:

3. Give a suitable title for the text.

4. Why do you think tourists like to visit Egypt ?

5. What does the underlined word "its" refer to ?

5 Story (The Golden Goose)

5 - a. Write True (T) or False (F):

1. AB The father sent his sons to the forest to cut wood. { }

2. The eldest son refused to help the old man. { }

5 - b. Answer the following questions:

1. What did the eldest and the middle sons call their youngest brother?

2. Why do you think the eldest son injured his hand?

6 - Rewrite the following sentences:

1. It's necessary to preserve ancient monuments. (must)
.....
2. It's not important to clean the room. I cleaned it. (don't have to)
.....
3. If I were you, I'd study hard. (should)
.....
4. You aren't allowed to talk while the teacher is working in class. (mustn't)
.....

7- Complete the following dialog:

Hassan and Ghada are talking about a visit to the museum.

Hassan: Hi Ghada! Where did you go yesterday?

Ghada: I went to the (1)

Hassan: (2)..... did you go with?

Ghada: I went with my family.

Hassan: (3)..... did you see there?

Ghada: We saw a lot of treasures and great statues.

Hassan: Did you enjoy yourself there?

Ghada: (4)..... It was an amazing day.

8- Write a paragraph of NINETY (90) words on:

"Why we should visit the Grand Egyptian Museum"

.....

.....

.....

.....

.....

.....

.....

.....

.....

UNIT 8

Family values and rules

Lessons 1 & 2

My Family Roles - Family Talks

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
babysit	يرعى الأطفال	roles	أدوار	caring	يهتم بالآخرين
solution	حل	insist	يصر على	twins	توأم
schoolwork	الأعمال المدرسية	fix	يصلح	fair	عادل / منصف
prepare	يجهز / يستعد	apartment	شقة	patients	المرضى
take care of	يعنى به	housework	الأعمال المنزلية	agree	يوافق

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
responsibility	مسئولية	reply	يرد / يجيب	argue	يجادل
conditions	ظروف / شروط	accept	يقبل - يوافق	discuss	يناقش
discussion	مناقشة	promise	يوعد	turn	دور
secondary school	مدرسة ثانوي	parents	والدين	tidy	منظم / نظيف

Conjugation of Verbs:

Verb	meaning	past	Past participle
break	يكسر	broke	broken
drive	يقود	drove	driven
feed	يطعم	fed	fed
take out	يخرج	took out	taken out

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
fix	يصلح	repair / mend	break/damage	يكسر - يثلف
caring	عطوف / حنون	kind / helpful	uncaring/unfriendly	غير مهتم
solution	حل	answer	problem	مشكلة

Prefixes & Suffixes

Suffixes	Function	example	meaning
- ing	تكون الصفة من الفعل	caring	مهتم
- ion	تكون الاسم من الفعل	discussion	مناقشة

- ly

تحول الصفة إلى ظرف safely

بأمان

Definitions

Word	Meaning	Definitions
roles	أدوار	the jobs or parts people have in a family, group, or play
take care of	يعتني بـ	look after someone or something
caring	مهتم بالآخرين	kind and helpful to others
babysit	يرعى الأطفال	to look after children for a short time when parents are away
twins	توأم	two babies born to the same mother at the same time
fix	يصلح	to repair or make something work again

Lesson 1 - Reading

The Hassan family lives in an **apartment** in Cairo. There are five people in their family: Mom, Dad, and three children. Everyone has important **roles** in their home.

Mom works as a doctor at a hospital. She **takes care of** patients every day. At home, she prepares **delicious** Egyptian dishes for her family and helps her children with their **schoolwork**. She is very **caring** and always listens to everyone's problems. Dad is a history teacher at a **secondary** school. He loves teaching about Egypt's past. At home, he **fixes** things when they break and drives the children to school safely every morning.



Mona is sixteen years old. She is the eldest child, so she helps to take care of her younger brothers. She **babysits** them when her parents go out and helps them prepare for bed.

The two boys, Ahmed and Omar, are **twins**. They are twelve years old. Their job is to keep their room tidy and **feed** their cats. They also help Dad wash the family car on weekends.

Every person in the Hassan family has a **special role**, and this makes their home a happy place.

on Lesson 2 SB page 30

Ramy and Sameh were arguing about their house roles.

Ramy said it was Sameh's turn to wash the dishes, but Sameh **insisted** that Ramy only fed his cat and didn't do anything else. Ramy **replied** that he also took out the

rubbish, so the dishes should be Sameh's job, not his. They couldn't **agree**, so they wanted their mom to decide who was right. After a short **discussion**, a fair **solution** was found: the **responsibility** of washing the dishes would be Ramy's tomorrow. He accepted it without any **conditions**, and Sameh **promised** to help with his brother's roles next time.





Exercise on Vocabulary

①- Read the sentences and complete with the words in the box.

babysits - eldest - prepare - parade - care

Mona is sixteen years old. She is the (1).....child, so she helps to take (2).....of her younger brothers. She (3).....them when her parents go out and helps them (4).....for bed.

①- Choose the correct answer from a, b, c or d::

1- A doctor's job is to..... care of patients.

- (A) - give (B) - take (C) - leave (D) - fill

2- My parents are always concerned providing us with all our needs.

- (A) - about (B) - for (C) - to (D) - of

3- Reading plays an important..... in people's lives.

- (A) - match (B) - game (C) - role (D) - rule

4-.....means kind and helpful to others.

- (A) - Selfish (B) - Violent (C) - Caring (D) - Rude

5- Nada..... her young sisters while her parents are out.

- (A) - ignores (B) - angers (C) - complains (D) - babysits

1- When I argue..... my elder brother, I always speak politely.

- (A) - on (B) - to (C) - with (D) - of

2- My role at home includes..... the dishes every Monday and Thursday.

- (A) - breaking (B) - buying (C) - washing (D) - selling

3-..... the cat is one of my sister's roles at home.

- (A) - Feeding (B) - Eating (C) - Getting (D) - Playing

4- If my mom asks me to do anything at home, I do it without.....

- (A) - hints (B) - tools (C) - conditions (D) - signs

5- When there is an argument, we ask dad to.....

- (A) - leave (B) - decide (C) - refuse (D) - try

🔑 Possessive Adjectives vs. Possessive Pronouns

(صفات الملكية مقابل ضمائر الملكية)

كلاهما يُستخدم لإظهار ملكية الشيء ، ولكن الفرق يكمن في مكانها في الجملة.

1 Possessive Adjectives (صفات الملكية)

تُستخدم لوصف الاسم الذي يليها مباشرة.

(Rule): تأتي دائماً قبل الاسم. (Come before a noun).

My book (كتابي).

Your cat (قطتك).

His car (سيارته).

Her shoes (حذاءها).

Our house (منزلنا).

Their teacher (معلمهم).

2 Possessive Pronouns (ضمائر الملكية)

تُستخدم لتحل محل الاسم المملوك ولا نحتاج لتكراره.

(Rule): تأتي منفردة ولا يتبعها اسم. (Stand alone - no noun after them).

This book is **mine** (هذا الكتاب لي).

That cat is **yours** (تلك القطّة لك).

That car is **his** (تلك السيارة له).

The shoes are **hers** (الأحذية لها).

The house is **ours** (المنزل لنا).

The teacher is **theirs** (المعلم لهم).

III Comparison Table (جدول مقارنة)

الفاعل (Subject)	صفة الملكية (Adj + Noun)	ضمير الملكية (Standalone)
I	My book	This is mine
You	Your cat	That is yours
He	His car	That is his
She	Her shoes	These are hers
We	Our house	This is ours
They	Their teacher	That is theirs



Exercise on Grammar

2- Rewrite the following sentences using the word(s) between brackets:

1- This book belongs to me.

(my)

2- I own these two pens.

(mine)

3- This house is theirs.

(their)

4- This is Ali's car. (belongs)

5- The blue bag is Sally's. (has)

6- This is my uncle's villa. (belongs)

7. This pencil belongs to her. (hers)

8. The blue jacket is Ahmed's. (his)

9. These shoes belong to us. (our)

10. That house belongs to them. (theirs)

11. This laptop is mine. (my)

8- Write a paragraph of NINETY (90) words on:

" My Family Roles "

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Lessons 3 & 4

Family Stories - Story Time

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
traditions	تقاليد	backyard	الحديقة الخليفة	exchange	يتبادل
memories	ذكريات	customs	عادات / سلوكيات	couch	أريكة / كنبه
homemade	صناعة منزلية	moments	لحظات	bakery	مخبز
celebration	احتفال	celebrate	يحتفل	close	قريب
adventures	مغامرات	balloons	بالونات	gifts	هدايا

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
owned by	ملك لـ	shining	لامع / متألل	bless	يبارك
feathers	ريش	reveal	يكشف	gently	برفق
magical power	قدرة سحرية	strange	غريب	glowing	متوهج
hidden	مخبيء	gladly	بسعادة	reward	يكافئ
goose	أوزة	golden	ذهبي	greed	جشع / طمع

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
gather	يجمع	collect/bring together	separate	يفصل
famous	مشهور	well-known/popular	unknown	غير معروف
delicious	لذيذ	tasty/yummy	awful/tasteless	لا طعم له
exchange	يتبادل	swap	keep/hold	يحتفظ

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ous	تكون الصفة من الاسم	famous	مشهور
-ion	تكون الاسم من الفعل	celebration	احتفال
-ful	تكون الصفة من الاسم	colorful	ملون / زاهي

Definitions

Word	Meaning	Definitions
customs	عادات	things people usually do in their culture or country
surprise party	حفلة مفاجئة	a special celebration planned secretly for someone

backyard	فناء خلفي	the space or garden behind a house
exchange	يتبادل	to give something and receive something in return
memories	ذكريات	things you remember from the past

Lesson 1 - Reading

To : ali-magdy@. com
 From : popgarcia@.....com
 Subject : Special Moments with the Garcia Family
 Hi Ali,



I hope you're doing well! I want to tell you a bit about my family and some of the special **traditions** we have.

Every family has its own stories and **customs**, and ours are no different. The Garcia family from San Antonio, Texas, loves spending time together and creating beautiful **memories**. Our favorite tradition happens every Sunday when the whole family **gathers** at Grandma's house for a big lunch. Grandma cooks her famous chicken and rice, and everyone brings something special. Uncle Carlos brings fresh bread from his **bakery**, and Aunt Maria makes her **delicious** apple pie. After eating, the children always play games in the backyard-it's so much fun!

We also love celebrating birthdays. **Whenever** someone has a birthday, we organize a surprise party with colorful balloons and a homemade cake. Just last month, we all **celebrated** Dad's fortieth birthday. Everyone hid behind the couch, and when Dad came home from work, we all jumped out and shouted, "Surprise!" He was so happy. **Christmas** is our biggest celebration of the year. We put up a huge **Christmas** tree, exchange **handmade** gifts, and laugh at Grandpa's funny stories about his younger days.

These traditions make our family very close and happy. I'd love to hear about your family's traditions too!

Best wishes,

Pop Garcia

Chapter two - Dummling's Kindness

At last, it was **Dummling's** turn to go into the forest. **Unlike** his brothers, he **gladly** shared his bread and drink with the old man he met along the way. The old man smiled and **blessed** him, saying, "Because of your **kindness**, you will be rewarded". He guided **Dummling** to a special tree and told him to cut it down. When **Dummling** did, he found a **goose** inside with **feathers** made of pure shining gold. Amazed by this, **dummling** gently picked up the golden **goose**, wondering what **adventures** it might bring. That night, He stayed at a small hotel at a busy market, which was owned by a



man and his three children, while keeping the **goose** by his side. They were surprised by the bird's beauty. Greed filled their hearts as they thought of taking a **golden feather** for themselves. But the goose was not ordinary-it had a strange, magical power that would soon reveal itself in surprising ways.



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

tradition -special-memories-gathers-difference

Our family loves spending time together and creating beautiful (1).....
Our favorite(2)..... happens every Friday when the whole family
(3)..... at my grandmother's house for a big lunch. Grandmother
cooks her famous chicken and rice, and everyone brings something(4).....
After eating, the children always play games in the backyard-it's so much fun!

②- Choose the correct answer from a, b, c or d::

1- One of the most popular..... for Egyptian families is to have Falafel for breakfast on Friday.

- (A) - traditions (B) - festivals (C) - days (D) - feasts

2-A..... party is a special celebration planned secretly for someone.

- (A) - welcome (B) - surprise (C) - welfare (D) - dancing

3- On the first of October every year, we..... my mom's birthday.

- (A) - conclude (B) - confide (C) - celebrate (D) - cancel

4-We usually put.....colorful balloons and decorations for our happy occasions.

- (A) - in (B) - on (C) - up (D) - down

5-Children play football in the of their houses..

- (A) - backyard (B) - hall (C) - roof (D) - sitting room

6- We often laughmy grandfather's stories about his younger days.

- (A) - at (B) - on (C) - about (D) - into

7-.....are the jobs or the parts people have in a family or a group.

- (A) - Rules (B) - Roles (C) - Reels (D) - Rails

8- The word "prepare" is a verb while "preparation" is a/an.....

- (A) - adverb (B) - adjective (C) - noun (D) - pronoun

9- The word "care" is a verb while the adjective is.....

- (A) - cares (B) - caring (C) - carefulness (D) - caution

10-To"....." means to repair or make something work again.

- (A) - fix (B) - break (C) - destroy (D) - stop

11- I agree to.....the dishes every day without conditions.

- (A) - paint (B) - do (C) - spoil (D) - dirty

13-On Christmas, peoplehandmade gifts and put up a big tree.

- (A) - benefit (B) - connect (C) - exchange (D) - correct

13- We often bring fresh bread from my uncle's.....

- (A) - bakery (B) - cafeteria (C) - farm (D) - village

14- The word "safely" is an adverb while "....." is the noun.

- (A) - safer (B) - safety (C) - save (D) - saving

15-.....means to want to have more of something than what you really need.

- (A) - Greed (B) - Truth (C) - kindness (D) - Honesty

16- Unlike his brothers, the youngest son..... shared his bread with the old man.

- (A) - sadly (B) - angrily (C) - gladly (D) - carelessly

17- Because of his kindness, the youngest son was.....

- (A) - punished (B) - sent off (C) - lost (D) - rewarded



Exercise on The Story

3- Write True (T) or False (F):

- 1- The youngest son was sad to share his bread with the old man. { }
- 2- The feathers of the goose were made of pure gold. { }
- 3- The hotel owner and his three sons were greedy. { }
- 4- Dummling stayed at a big hotel at a busy market. { }
- 5- The golden goose had magical powers. { }
- 6- Dummling refused to share his food with the old man. { }
- 7- The old man showed Dummling a special house. { }

8. Dummling found a golden goose inside the tree. { }
9. The hotel owner and his three children were kind and generous. { }
10. The golden goose had magical powers. { }

④ - Answer the following questions:

1. What does the word "rewarded" mean in the story?

.....

2. What did Dummling do first - share his food or cut down the tree?

.....

3. What does Dummling's behavior show about his personality?

.....

4. Why did the old man help Dummling but not his brothers?

.....

5. What happened when Dummling was kind to the old man?

.....

6. Why do you think the man rewarded Dummling?

.....

7. Do you agree with the behavior of the hotel owner? Why or why not?

.....

8-What did Dummling do with the old man?

.....

9-What did the old man tell Dummling?

.....

10-What do you think of Dummling's behavior with the old man?

.....

11-What do you think of the hotel owner and his sons?

.....

Lessons 5 & 6

Let's Talk – A descriptive Paragraph

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
teamwork	العمل الجماعي	chores	الأعمال المنزلية	fair	عادل / منصف
cleaning day	يوم التنظيف	honest	أمين	dust	يزيل التراب
decorate	يزين	loyal	وفي	lights	أضواء
friendship	صداقة	match	يتماشى مع	assist	يساعد

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
mystery	لغز / غموض	secret	سر	lucky	محظوظ
water	يروي	plan	يخطط	trust	يثق

Conjugation of Verbs:

Verb	meaning	past	Past participle
set	يضبط	set	set
hang	يلقى	hung	hung

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
fair	عادل / منصف	just	unfair	غير عادل
clean	نظيف	tidy/pure	dirty	قذر / متسخ
assist	يساعد	help	harm	يؤذي
loyal	وفي	faithful	disloyal / unfaithful	غير وفي

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ing	يكون الاسم من الفعل	cleaning	التنظيف
-y	يكون الصفة من الاسم	lucky	محظوظ
-ly	تكون الظرف من الصفة	exactly	بالضبط

Lesson 5 SB page 36

Mom: Good morning, everyone! It's Friday - our family cleaning day. Let's plan our **chores**.

Adel: Sure, Mom. I'll clean my room and make my bed.

Salwa: I'll water the plants and dust the **shelves** in the living room.

Adel: What about the dishes, Mom? Are they mine or Salwa's today?

Salwa: They're yours, Adel. Yesterday they were mine. It's only fair!

Mom: Good **teamwork**! After that, I'll cook lunch, and you can both help me set the table.

Salwa: I'll bring my favorite dishes. They **match** our cups!

Mom: Great! When we finish, we can all sit **together** and talk about our weekend plans.

Adel: That's a good idea! Family time is always the best.

Salwa: Yes, Mom always says, "Helping at home shows love."

Mom: Exactly! This home is ours, so let's keep it clean and happy!



Lesson 6 SB page 38

My best friend is Sarah Hassan, and she's been my closest friend for three years. She's fifteen, the same age as me, and lives near my house. Sarah has long brown hair and bright eyes. She's funny and always cheers me up. She's also **loyal** and honest, so I can trust her with my **secrets**. Sarah has two brothers and a sister, and her parents are teachers. We both love mystery books and tennis, and sometimes our families go out together. Sarah is always there for me, and I feel lucky to have her **friendship**.



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

age - eyes - hair - closest - golden

My best friend is Sarah Hassan, and she's been my (1).....friend for three years. She's fifteen, the same (2).....as me, and lives near my house. Sarah has long brown (3).....and bright(4).....

①- Choose the correct answer from a, b, c or d::

1. My role inside my family includes.. the table and doing the dishes.

(A) - setting

(B) - fixing

(C) - creating

(D) - breaking

2- We should all do our best to keep our homes..... and happy.

- (A) - untidy (B) - dirty (C) - clean (D) - disordered

3- My best friend, Adel, is the.....age as me. We are both fourteen.

- (A) - different (B) - similar (C) - like (D) - same

4-Amal is myfriend, so I trust her with my secrets.

- (A) - selfish (B) - loyal (C) - unkind (D) - greedy

5- Giving roles for everyone in the family helps improve.....

- (A) - teamwork (B) - mental work (C) - physical work (D) - written work

6. This T-shirt is suitable for the trousers. This means itthe trousers.

- (A) - matches (B) - fights (C) - plays (D) - thinks

7. The words "assist" and "....." are antonyms.

- (A) - admire (B) - love (C) - harm (D) - clean

8. The antonym of the word "clean" is"....."

- (A) - hard (B) - active (C) - pure (D) - dirty

9. The suffix"....."forms the noun from the word "clean".

- (A) -ly (B) -ed (C) -ing (D) -ment

10. The word "loyal" is theof "disloyal".

- (A) - synonym (B) - verb (C) - prefix (D) - antonym

11. The word "fair" is the..... of "just".

- (A) - adverb (B) - verb (C) - opposite (D) - synonym

12. The suffix"....." changes the word "exact" into an adverb.

- (A) -ly (B) -ity (C) -ness (D) -ful

13.The suffix "....."forms the adjective of the word "luck".

- (A) -ness (B) -ment (C) -y (D) -ly

14. Atef is my best friend. I tell him my secrets. This means I..... him.

- (A) - dislike (B) - hate (C) - avoid (D) - trust

15. We work together in a team. This means we like.....

- (A) - sadness (B) - teamwork (C) - housework (D) - swimming



Test On Unit 8

① - a. Listen to the text and write True (T) or False (F):

1. Sameh agreed that it was his turn to wash the dishes. { }
2. Ramy believes that taking out the rubbish is one of his roles. { }

① - b. Listen again and complete:

1. Sameh claimed that the only job Ramy did was feeding his
2. Ramy and Sameh couldn't agree, so they asked their to decide.
3. According to Ramy, the dishes should be job, not his.

② - Choose the correct answer from a, b, c or d:

- 1- We all have good..... of playing with our friends at school.

(A) - minds (B) - memories (C) - brains (D) - heads

- 2- The verb "swap" is the synonym of "....."

(A) - charge (B) - recharge (C) - explain (D) - exchange

- 3- Our family usually..... surprise parties to celebrate our birthdays

(A) - makes (B) - takes (C) - organizes (D) - refuses

- 4- At home, it's my turn to.. the dishes on Monday.

(A) - wash (B) - break (C) - sell (D) - spoil

③ - Read and complete the text with the words in the box:

cheers -age-old-long-eyes

My best friend Leila, has been my closest friend for five years. She is thirteen, the same (1).....as me, and lives near my house. Leila has (2).....straight hair and bright (3).....She is funny and always (4).....me up.

④ - Read the following text, then answer the questions:

I'm Yara. I'm interested in keeping our environment clean. Last summer, my family and I went on a trip to a national park. It was a beautiful place with many birds and animals. However, we noticed a problem. There was a lot of plastic rubbish, like bottles and bags, left by visitors. Pollution is dangerous for the animals and harms the environment. My father said, "We must do something. As global citizens, it is our responsibility to protect nature." So, we decided to spend part of our day cleaning up. We put on gloves and started collecting the rubbish. Other families saw what we were doing and joined us. In just two hours, we collected ten big bags of plastic. The area looked much cleaner. This experience taught me that one person's action can inspire others. If we all collaborate, we can make a big difference and keep our planet beautiful.

④ - a. Choose the correct answer from a, b, c or d:

1. The underlined word "collaborate" means to...

- | | |
|--------------------|---------------------|
| (A) - work alone | (B) - work together |
| (C) - go on a trip | (D) - watch animals |

2. The main idea of the text is " .

- | | |
|---------------------------|-----------------------------|
| (A) - Important festivals | (B) - Healthy habits |
| (C) - Daily routine | (D) - Protecting our planet |

④ - b. Answer the following questions:

3. . What did Yara and her family decide to do about the rubbish problem?

.....

4. What does the underlined pronoun "us" refer to?

.....

5. What lesson did Yara learn from this experience?

.....

5 Story (The Golden Goose)

⑤ - a. Write True (T) or False (F):

1- The old man told the youngest son that he will be punished. { }

2-Dummling found a duck inside the tree. { }

⑤ - b. Answer the following questions:

1. What did the eldest and the middle sons call their youngest brother?

.....

2. Why do you think the eldest son injured his hand?

⑥ - Rewrite the following sentences:

1- This is my laptop. (mine)

2- I own the car over there. (belongs)

3- This house is theirs. (their)

4- This jacket belongs to me. (my)

⑦ - Complete the following dialog:

Samy is at the doctor's.

Doctor: Hello, Sami. What seems to be the problem?

Samy: Hello, doctor. I have a (1) and I feel tired.

Doctor: Headache? Do you spend long (2) looking at the screen?

Samy: Yes, I spend too much time online.

Doctor: You should (3) your screen time.

Samy: Why? Is it (4) ?

Doctor: Yes, it is dangerous because it affects your sleep.

Samy: Thank you for your help:

⑧ - Write a paragraph of NINETY (90) words on:

" My Parents "

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

UNIT 9

Making it yourself

Lessons 1 & 2

► How to Make a Falafel Sandwich

► Everyday Activities

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
spoonful	ملء ملعقة	pickles	مخلل	sauce	صلصة
tahini sauce	طحينة	spicy	متبل / حار	chop	بقطع
ingredients	مكونات / مقادير	chores	أعمال المنزل	fold	يطوى

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
fried	مقلي	lettuce	خس	tasty	لذيذ
daily routine	روتين يومي	crunchy	مقرمش	energy	طاقة
organized	منظم	shine	يلمع	pour	يسكب / يصب
taste	يتذوق	ready	مستعد / جاهز	loaf	رغيف

Conjugation of Verbs:

Verb	meaning	past	Past participle
make	يجعل	made	made
do	يفعل	did	done
shine	يلمع	shone	shone

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
healthy	صحي	well / fit	sick/ill/unhealthy	مريض / غير صحي
tasty	لذيذ	delicious / yummy	tasteless	بلا طعم / كريه
right	بطريقة صحيحة	correctly / well	wrong/incorrectly	بالخطأ
organized	مرتّب	tidy	messy	فوضوى

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ed	تكون الصفة من الفعل	organized	منظم
-y	تكون الصفة من الاسم	healthy	صحي
-ly	تكون الظرف من الصفة	carefully	بحرص

Definitions

Word	Meaning	Definitions
spoonful	ملء ملعقة	the amount that fits in a spoon
sauce	صلصة	a thick liquid served with food for flavor
tahini	طحينة	a sauce made from sesame seeds
fold	يطوى	to bend something over itself
pickles	مخلل	vegetables kept in salty or vinegar water
chopped	مقطع	cut into small pieces

Lesson 1 - Reading

Making a tasty, and healthy falafel sandwich is quick. First, you need a loaf of bread, some fried falafel, salad, and tahini sauce. Put the bread on a clean plate. Then, open it carefully and place three or four pieces of falafel inside. Add some chopped tomatoes, cucumbers, and lettuce. Next, pour a little tahini sauce and a spoonful of pickles. Finally, fold the bread and enjoy your sandwich!



Many Egyptians love eating falafel for breakfast. Small shops sell it early in the morning in many parts of Egypt. Some families make it at home every weekend. It gives energy for school or work. My favorite breakfast is falafel with tea and cheese. My mom always says, "A good breakfast helps you start the day right!"

Lesson 2 SB page 43

Marwa is talking about her daily **routine** and her family's chores. Every morning, she makes her bed at **7:00** a.m. and then gets ready for school. After classes, she comes home at 3:30 p.m. and helps with some of her family's housework so that the home stays tidy. Marwa says it is Nader's job to wash the dishes, and his help makes the kitchen shine. Sometimes they turn on their favorite songs and listen to music while doing the dishes, which makes the chore more fun for both of them. Marwa always finishes her homework before **4:00** p.m. because she likes to stay organized. Later, she spends thirty minutes doing her exercises to stay healthy and strong, and this routine has become her over time.



Exercise on Vocabulary

① - Choose the correct answer from a, b, c or d::

1- Tahini is a thick used in many falafel sandwiches.

Ⓐ - spoonful Ⓑ - vegetable Ⓒ - sauce Ⓓ - bread

2-is made from sesame seeds and tastes delicious with falafel.

- (A) - Tahini (B) - Ketchup (C) - Butter (D) - Cheese

3- Many people like adding to give the sandwich a salty taste.

- (A) - pickles (B) - tomatoes (C) - lettuce (D) - onions

4- Carefully the bread before eating the sandwich.

- (A) - fold (B) - cut (C) - open (D) - close

5- I my homework every evening.

- (A) - do (B) - play (C) - eat (D) - run

6- Can you me a sandwich, please?

- (A) - do (B) - make (C) - eat (D) - play

7. Every morning, Mazen his bed before school.

- (A) - washes (B) - makes (C) - helps (D) - exercises

8. Heba with some housework to keep the home tidy.

- (A) - helps (B) - makes (C) - exercises (D) - washes

9. My sister's job is to the dishes.

- (A) - make (B) - help (C) - wash (D) - exercise

10. Doing housework helps me keep the home

- (A) - clean (B) - strong (C) - healthy (D) - busy

11- The kitchen is very tidy after Heba washes the dishes. The antonym of the word "tidy" is

- (A) - dirty (B) - clean (C) - messy (D) - broken

12. The suffix "....." changes the word "organize" into an adjective.

- (A) - -ion (B) - -ful (C) - -ity (D) - -ed

13. The word "healthy" is the synonym of "....."!

- (A) - weak (B) - ill (C) - sick (D) - well

14. The kitchen is very tidy after Heba washes the dishes. The antonym of the word "tidy" is

- (A) - sunny (B) - clean (C) - messy (D) - broken

15. The words "right" and "correctly" are

- (A) - suffixes (B) - synonyms (C) - antonyms (D) - verbs

1- Read the sentences and complete with the words in the box.

tomatoes- tahini delicious cucumbers - hot

Making a tasty and healthy falafel sandwich is quick and easy. First, you need a loaf of bread and some fried falafel. Then, add fresh (1)

(2) and lettuce. Next, pour a little (3) sauce on top.

Finally, fold the bread and enjoy your (4) sandwich.

3. Possessive ('s) vs. (s') (الملكية باستخدام الفاصلة)

نستخدم الفاصلة العليا لإظهار الملكية مع الأشخاص، الحيوانات، الوقت، وأحياناً الأماكن.

A) Singular & Special Cases ('s):

نستخدم مع المفرد، وبعض الحالات الخاصة:

People: Tom 's sandwich,

Sarah 's mother.

Animals: The dog 's tail,

my cat 's food.

Time: Yesterday 's homework,

today 's lesson.

Places: London 's museums.

B) Plural nouns (s'):

إذا كان الاسم جمعاً وينتهي بـ (s) ، نضع الفاصلة بعد حرف الـ s فقط.

Example: The boys' clothes are clean (ملابس الأولاد نظيفة).

4. Possessive (Of) (الملكية باستخدام "of")

نستخدم غالباً مع الأشياء غير الحية والأفكار المجردة.

Things: The door of the house (باب المنزل), the color of the car.

Abstract ideas: The importance of education (أهمية التعليم), the beauty of nature.

Long phrases: The book of the student in my class.

Summary Table

...الملكية لـ	الأداة المستخدمة	(Example)
أنا (I)	My (adj) / Mine (pronoun)	My pen / It is mine.
شخص مفرد	Name + 's	Ahmed 's bag.
مجموعة (جمع)	Noun + s'	The teachers' room.
جماد/أشياء	Of	The leg of the table.



Exercise on Grammar

① - Rewrite the following sentences using the word(s) between brackets:

1- Nader owns this bike..

(Nader's)

2- Fresh coffee has a nice smell.

(of)

3- The teachers own these cars.

(the teachers')

4- The table has a broken leg. (of the table)

5. These books belong to Rawan. (Rawan's)

6.The notebook of my friend is on the desk. (My friend's)

7. This is the room of the teachers. (teachers')

8. The clothes of the boys are clean. (The boys')

9. The house belongs to Basant and Amira. (Amira's)

10. My parents have new mobiles. (parents')

11. The museum which is in Luxor is amazing. (Luxor's)

12. The honey taste is delicious. (of)

② - Write a paragraph of NINETY (90) words on:

"My favorite sandwich"

.....

.....

.....

.....

.....

.....

.....

.....

.....

Lessons 3 & 4

A Family Occasion – Story Time

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
decorate	بزين	occasion	مناسبة	banner	لافتة
decoration	تزيين	clean-up	تنظيف	list	قائمة
surprised	مندعش / متفاجئ	celebration	احتفال	prepare	يجهز / بعد
graduation	تخرج	members	أعضاء	guests	ضيوف
unforgettable	لا ينسى	moments	لحظات	bake	

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
attached	ملتصق	sight	رؤية / مشهد	stuck	عالق
steal	يسرق	attract	يجذب	curious	فضولي
unable to	غير قادر على	confused	متحير	attention	انتباه / تركيز
break free	ينجح في الهروب	situation	موقف	glow	يتوهج / يضيئ
stare	حدق	gather	يجتمع	unaware	غير واع

Conjugation of Verbs:

Verb	meaning	past	Past participle
stick	يلصق - يلصق	stuck	stuck
hang	يلصق - يدلي	hung	hung

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
turn off	نطفئ	switch off	turn on	يشغل
surprised	مندعش / متفاجئ	amazed	unsurprised	غير متفاجئ
unforgettable	لا ينسى	memorable	forgettable	سهل النسيان
special	مميز	unique	ordinary	عادي

Lesson 1 - Reading

Last Friday, our family **prepared** a birthday party for my cousin, **Omar**. Everyone worked **together** to make the day special. In the morning, my mother and aunt made a plan and wrote a list of what we needed: **decorations**, snacks,

juice, and a birthday cake. My sister and I helped our father do the shopping from the **supermarket**. At home, we started **decorating** the living room. First, we put up colorful balloons and lights. Then, we made a big birthday **banner** and stuck it on the wall. After that, my aunt made sandwiches while my mother prepared the cake. We also did a quick clean-up to make the house look nice before the guests arrived.

When Omar arrived, we turned off the lights and shouted, "**Happy Birthday!**" He was so **surprised** and happy. We played games, took photos, and enjoyed the food together. At the end of the day, my grandmother said, "When a family works together, every **celebration** becomes **unforgettable**."



Chapter Three – The Goose's magic

When **Dumpling** brought the goose to the hotel where he stayed, curious people gathered to look at it. The **goose** glowed brightly, **attracting** everyone's attention. The hotel owner's three children tried to **steal** one of its golden **feathers**. But as soon as the eldest touched the **goose**, his hand stuck fast. The second son tried to help, but he also stuck. Then the youngest son, too, became **attached**.

In the morning, **Dumpling** woke up, unaware of what had happened. He picked up the **goose** and left the hotel. To his surprise, the three children followed him, still stuck to the magical bird. People stared as they walked down the road, laughing at the strange sight. **Dumpling**, though puzzled, continued walking, with the goose under his arm and the three children following him, unable to **break free**.



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

decorate – list – banner – clean – up

Last Friday, our family prepared a birthday party. In the morning, my mother and aunt wrote a(1)..... of what we needed: decorations, snacks, juice, and a birthday cake. At home, we started to (2)..... the living room. We made a big birthday(3)..... and did a quick (4)..... before the guests arrived. Omar was very surprised when he saw everything.

②- Choose the correct answer from a, b, c or d::

1. We made a..... before starting the preparations.

- (A) - decoration (B) - celebration (C) - list (D) - clean-up

2. My sister helped me..... the living room with balloons.

- (A) - decorate (B) - celebrate (C) - clean-up (D) - surprise

3. We hung a big birthday..... on the wall.

- (A) - list (B) - banner (C) - clean-up (D) - surprise

4. Everyone worked together to do a quick.....

- (A) - decorate (B) - clean-up (C) - celebrate (D) - surprise

5. Omar was when we shouted "Happy Birthday!"

- (A) - shouted (B) - surprise (C) - clean-up (D) - decorated

6. Omar was.....when we shouted "Happy Birthday".

- (A) - bored (B) - decorated (C) - messy (D) - surprised

7. When a family works together, every celebration becomes unforgettable.

"Works together" here means "....." each other.

- (A) - fights (B) - sings (C) - studies (D) - helps

8. We..... a list before starting the preparations.

- (A) - set (B) - did (C) - made (D) - decorated

9. We invited Omar to..... photos of the party.

- (A) - take (B) - plan (C) - make (D) - do

10. The synonym of the word "surprised" is "....."

- (A) - bored (B) - bright (C) - amazed (D) - forgettable

11.The word "special" is the..... of "unique".

- (A) - adverb (B) - noun (C) - antonym (D) - synonym

12.The prefix "....." gives the opposite of "forgettable".

- (A) - im- (B) - il- (C) - un- (D) - ir-

13. The suffix "....." changes the word "prepare" into a noun.

- (A) - ation (B) - ness (C) - ily (D) - ment

14.Everyone worked together to make the day special. The word "special" here has the same meaning as.....

- (A) - boring (B) - amazing (C) - ugly (D) - lazy



Exercise on Vocabulary

3 - Write True (T) or False (F):

- | | |
|--|-----|
| 1. The hotel owner's sons were afraid of the goose. | { } |
| 2. The goose had a magical power that made people stick to it. | { } |
| 3. Only one son tried to take a golden feather. | { } |
| 4. Dummling knew that the sons were stuck to the goose. | { } |
| 5. The hotel owner's sons were afraid of the goose. | { } |
| 6. Only one son tried to take a golden feather. | { } |
| 7. Dummling knew that the sons were stuck to the goose. | { } |
| 8. The children successfully stole golden feathers from the goose. | { } |
| 9. The children were able to break free immediately. | { } |

4 - Answer the following questions:

- What happened first: the eldest son touched the goose or Dummling woke up?
.....
- What do the boys' actions tell us about their personalities?
.....
- How do you think Dummling felt when he saw the three boys following him?
.....
- If you were one of the sons, what would you do differently?
.....
- How does this part of the story show that greed can lead to problems?
.....
- Which child touched the goose first?
.....
- What unusual event made people gather and stare?
.....
- How did the children's actions show their attitude toward the goose?
.....
- What did the second son try to do after the eldest got stuck?
.....
- What might happen next because of the goose's magic?
.....

Lessons 5 & 6

Let's Talk - Instructions (How to ...)

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
dough	عجين	flipped	يقلب	yeast	خميرة
mixture	خليط	toppings	الإضافات على الطعام	recipe	وصفة طهي
scrambled	مخفوق	prefer	يفضل	edge	حافة / طرف

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
instructions	تعليمات	pancakes	فطائر	olives	زيتون
strawberries	فراولة	smooth	ناعم / أملس	pan	مقلاة / طاسة
layer	طبقة	choice	اختيار	mixed	يخلط
mozzarella	جبين الموتزاريلا	cheddar	جبين الشيدر	flavor	نكهة
tablespoon	ملعقة كبيرة	spices	توابل	fluffy	ناعم / هش

Conjugation of Verbs:

Verb	meaning	past	Past participle
spread	ينشر / ينتشر	spread	spread
rise	يرتفع / يعلو	rose	risen

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
smooth	ناعم	soft	rough	خشن
option	اختيار	choice	force/obligation	إجبار / إلزام
thick	سميك / كثيف	heavy / dense	thin/light	رقيق / خفيف

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ly	تكون الظرف من الصفة	gently	بلطف
-en	تكون الصفة من الاسم	golden	ذهبي
-ed	تكون الصفة من الفعل	scrambled	مخفوق
-y	تكون الصفة من الاسم	creamy	كريمي القوام
-ture	يكون الاسم من الفعل	mixture	خليط

Lesson 1 - Reading

Lesson 5 SB page 49

Boy: Mom, can we make pizza at home today?

Mom: Sure! First, we need **dough**, tomato sauce, and cheese.

Boy: What should I do first?

Mom: Mix the flour, salt, and **yeast** to make the dough, then spread it.

Boy: Can I add the sauce and **toppings**?

Mom: Yes, spread a thin layer of sauce and add any toppings you like.

Boy: Great! I'll put olives and cheese. What's next?

Mom: We bake it for **10-15** minutes until the **edges** turn golden.

Boy: I can't wait to taste it!

Mom: **Homemade** pizza is always the best.

Lesson 5 SB page 49

Basim: Mom, can we make pancakes at home today?

Mom: Of course, **Basim**! First, we need the ingredients for the recipe.

Basim: Okay, what should I do now?

Mom: Start by mixing the flour, milk, and eggs. Make sure you mix well so the mixture becomes smooth.

Basim: I think it looks good.

Mom: After that, put some oil in a pan. Then **pour** it into the pan slowly.

Basim: When do I turn it over?

Mom: You need to flip it after **1-2** minutes on each side.

Basim: Can I add **toppings** at the end?

Mom: Yes, you can add chocolate, honey, or fresh fruit if you like.

Basim: I'll add **strawberries**—they're my favorite.

Mom: Great choice!

Lesson 6 SB page 51

Making a mixed cheese pizza is easy and fun. First, **prepare** the dough and let it rise for thirty minutes. Next, roll it out in a round shape and spread tomato sauce on top. Then, add **mozzarella**, **cheddar**, and feta **cheese** to make it **creamy** and rich. After that, put a few spices for extra flavor. Finally, bake the pizza in a hot oven for fifteen minutes. Enjoy your tasty **homemade** pizza with your family!

Lesson 6 SB page 51

Making **scrambled** eggs is easy and quick! First, you need **3** eggs, a little milk, salt, and butter. **Break** the eggs into a bowl. Then, add two tablespoons of milk and a little salt. **Mix** everything well with a **fork**. Next, put some butter in a pan and heat it. When the butter is hot, pour in the egg **mixture**. Don't make the heat too high! **Stir** the eggs gently as they cook. After about **2** minutes,

the eggs will become thick and **fluffy**. Finally, put them on a plate and enjoy! This is my grandmother's favorite. She always says, "Don't **rush**-good food takes time!"



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

flip - pours - stirs - ingredients - bake

Basim and his mom are making pancakes together in the kitchen. First, they prepare the(1)..... for the recipe. Basim helps by mixing everything well and making sure he(2)..... slowly Next, mom(3).....the batter into the pan. They(4)..... the pancake when it is ready.

①- Choose the correct answer from a, b, c or d::

- The synonym of the word "choice" is " "
- Heat the oven to 180° before baking the cake. This means you make the oven....
- The mixture is very, it needs some water.
- I need a spoon to..... the juice.
- Mix the flour, salt, and yeast to make the dough. They are the main.....
- Put a few spices to add **extra** flavor. The underlined word "extra" means.....
- Stir the eggs gently when you cook. The word "gently" is the opposite of.....
- The word "smooth" is the..... of "rough".
- The suffix "....." forms the adjective from the word "gold".
- Don't rush; you have enough time. This means don't.....



Test On Unit 9

① - a. Listen to the text and write True (T) or False (F):

1. Marwa makes her bed in the evening after school.. { }
2. Marwa helps her family with housework to keep the home tidy. { }

① - b. Listen again and complete:

1. Every morning, Marwa makes her bed at a.m.
2. Marwa returns from school at 3:30 p.m.
3. After classes, Marwa helps her family with some

② - Choose the correct answer from a, b, c or d:

1. Follow the when cooking the meal.
 (A) toppings (B) dough (C) instructions (D) pan
2. Vegetables kept in salty or vinegar water are called.....
 (A) pickles (B) sweets (C) pancakes (D) jam
3. The suffix "....." forms the adjective of the word "cream".
 (A) -y (B) -ity (C) -ment (D) -ness
4. The words "heavy" and "thick" are.....
 (A) verbs (B) antonyms (C) adverbs (D) synonyms

③ - Read and complete the text with the words in the box:

ingredients - mixture - minutes - top - bowl

Making a chocolate cake is fun and delicious! First, heat the oven and prepare a cake pan. Mix flour, sugar, cocoa powder, and baking powder in a (1).....
 In another bowl, put the eggs, milk, and butter, then combine with the dry (2).....
 Pour the butter into the pan and bake for thirty (3).....
 Finally, let the cake cool and add chocolate frosting on (4).....

④ - Read the following text, then answer the questions:

Meals are important for our health and energy. Most people eat three meals a day: breakfast, lunch, and dinner. Breakfast gives us energy in the morning. Lunch helps us continue our day at school or work. Dinner is usually eaten with the family at night. A healthy meal includes vegetables, fruit, and protein like eggs, beans, or fish. We should also eat bread or rice in a good amount. Drinking water with meals is **good for** the body. Eating too many sweets or chips is not healthy. When we eat balanced meals, we feel strong, active, and ready to learn.

④ - a. Choose the correct answer from a, b, c or d:

1. The underlined word "good for" means ".....".
 (A) - bad (B) - silly (C) - angry (D) - useful
2. Eating too many sweets or chips is.....
 (A) - healthy (B) - good (C) - important (D) - unhealthy

④ - b. Answer the following questions:

3. Name two kinds of foods that contain protein.

4. What does breakfast give us?

5. Give a suitable title to the text.

5 Story (The Golden Goose)

⑤ - a. Write True (T) or False (F):

1. AB The goose had golden feathers. { }
2. The eldest child touched the goose first. { }

⑤ - b. Answer the following questions:

1. Who tried to steal the golden feathers?

2. Why do you think people laughed at Dummling and the children?

⑥ - Rewrite the following sentences:

1. The clothes of the boys are clean. (The boys')

2. Do you have the door key?

(of)

3. The car of my teacher is new.

(My teacher's)

4. The notebook of my friend is on the desk.

(My friend's)

7- Complete the following dialog:

Salma and Nada are talking about how to make an omelet

Salma: Hi Nada. How do you make an omelet?

Nada: First, I break two (1)..... into a bowl.

Salma: (2)..... do you do next?

Nada: I add some salt and beat the eggs well.

Salma: What's next?

Nada: I pour the eggs into a pan with a little oil.

Salma: (3)..... is it ready?

Nada: After three minutes, it is (4)..... to eat.

8- Write a paragraph of NINETY (90) words on:

"Your favorite recipe"

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

UNIT 10

Helping Others

Lessons 1 & 2

Kindness Stories - Volunteer Interviews

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
meaningful	ذو مغزى / هادف	shelter	مأوى / ملجأ	flyer	منشور إعلاني
attention	انتباه / اهتمام	volunteers	متطوعين	warmly	بحفاوة
neighborhood	حي سكني	experience	خبرة شخصية	benches	مقاعد
responsibility	مسئولية	confidence	ثقة	cages	أقفاص
happiness	سعادة	purpose	غرض	comfort	راحة

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
neighbors	الجيران	elderly	كبار السن	touched	
rewarding	مجزى	organize	ينظم	share	يشارك
community	مجتمع	interview	مقابلة شخصية	prove	يبرهن
effort	مجهود	greet	يحيى	knock	يطرق الباب

Conjugation of Verbs:

Verb	meaning	past	Past participle
feed	يطعم	fed	fed
bring	يحضر	brought	brought
choose	يختار	chose	chosen
spend	يقضي / ينفق	spent	spent

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
far away	بعيد	remote / distant	near / close /	قريب
warmly	بدفء / بحفاوة	kindly / friendly	unkindly/rudely	بقسوة
care	رعاية	attention / concern	ignorance / neglect	تجاهل / إهمال
agree	يوافق	accept	disagree / refuse	لا يوافق / يرفض
rewarding	مجزى	satisfying /meaningful	useless / unrewarding	غير مجزى

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ly	يحول الصفة الى حال	warmly -proudly	بفخر - بدفء
-ce	يكون الاسم من الصفة	confidence - difference	اختلاف - ثقة
-ful	يكون الصفة من الاسم	meaningful	ذو معنى
-ness	يكون الاسم من الصفة	meaningless -happiness	سعادة - بلا معني

Definitions

Word	Meaning	Definitions
neighborhood	حي سكني	the area or place where people live near each other
flyers	منشورات إعلانية	small pieces of paper with information or announcements that are given to many people
meaningful	ذو مغزى	having a special or important purpose; full of value
warmly	بود / بحفاوة	in a kind and friendly way

Lesson 1 - Reading

Last year, Amal, a fourteen-year-old student, wanted to do something **meaningful** for her **community**. She noticed that many elderly neighbors often felt lonely because their families lived far away. Amal thought **carefully** about how she could help. She discussed her idea with her parents and friends, and together they **planned** a "visiting day."



Amal created **colorful** flyers and shared them around the neighborhood, inviting people to join. On the chosen day, she and her classmates brought flowers, small homemade cards, and fruit baskets. They knocked on doors, greeted the elderly **warmly**, and spent time chatting, listening to stories, and even playing board games.

The neighbors were deeply touched. Some said it was the **happiest** day they had **experienced** for a long time.

Amal realized that **kindness** does not always mean giving money or gifts. Sometimes, it simply means giving time, attention, and care. Her story reminds us that even a small effort can make a big **difference** and bring **comfort** and **happiness** to others.

Three Volunteer Interviews

Last week, three young **volunteers** shared their experiences. Mona, **15**, helps at the local library. "I **organize** books and read stories to children," she said. "It makes me happy when they listen with big smiles."

Omar, **16**, spends weekends cleaning the park. "We collect **trash**, plant flowers, and paint benches. The park looks beautiful, and families enjoy it more," he explained **proudly**.

Lina, 14, volunteers at an animal **shelter**. "I feed the dogs, walk them, and help keep their **cages** clean. They get excited when they see us," she said. Each volunteer agreed that helping others, whether people, places, or animals, is **rewarding**. They believe volunteering teaches **responsibility** and teamwork, and it also builds **confidence**. Their stories prove that small actions can **improve** a whole **community**.



Exercise on Vocabulary

①- Read the sentences and complete with the words in the box.

flyers-warmly neighborhood - comfort-replace

Last year, Omar, a fourteen-year-old student, wanted to do something meaningful for his community. He noticed that many elderly neighbors felt lonely. Omar created colorful (1)..... and shared them around the (2)..... On visiting day, he greeted everyone (3)..... spent time listening, and brought joy and (4)..... to all.

②- Choose the correct answer from a, b, c or d::

1. Last year, Omar wanted to do something..... for his community, something that had special value and purpose.

- (A)- meaningful (B)- small (C)- ordinary (D)- quick

2. Hady created colorful small pieces of paper with information, and shared them around the neighborhood.

- (A)- flyers (B)- books (C)- pens (D)- chairs

3. His actions brought comfort and..... making everyone feel happy and appreciated.

- (A)- happiness (B)- boredom (C)- sadness (D)- anger

4- The antonym of the word "warmly" is.....

- (A)- coldly (B)- kindly (C)- cheerfully (D)- happily

5- The synonym of the word "meaningful" is.....

- (A)- significant (B)- careless (C)- empty (D)- useless

6- Small acts of kindness can positive changes in society.

- (A)- create (B)- block (C)- damage (D)- delay

7- Young people who volunteer often feel a strong sense of. because they know they are helping others.

- (A)- purpose (B)- pressure (C)- confusion (D)- stress

8- Volunteering can..... a community by making it cleaner and more welcoming.

- (A) - improve (B) - damage (C) - destroy (D) - ignore

9- Working together during volunteer activities helps teens..... cooperation skills.

- (A) - develop (B) - avoid (C) - forget (D) - reduce

10. Taking part in voluntary work oftena person's confidence.

- (A) - builds (B) - destroys (C) - hides (D) - limits

11.The suffix"..... "forms the noun from the word "confident".

- (A) - -ce (B) - -less (C) - -ness (D) - -ly

12. The words "meaningful" and "valuable" are "....."

- (A) - antonyms (B) - adverbs (C) - verbs (D) - synonyms

13. The antonym of the word "warmly" is ".....".

- (A) - coldly (B) - kindly (C) - cheerfully (D) - happily

14.means in a kind and friendly way.

- (A) - Warmly (B) - Coldly (C) - Angrily (D) - Rudely

15.....are small pieces of paper with information or announcements that are given to many people.

- (A) - Pictures (B) - Cards (C) - Passports (D) - Flyers

1. زمن المستقبل البسيط (The Future Simple Tense).

يُستخدم هذا الزمن للتعبير عن أحداث ستقع في المستقبل.

التكوين: (Form)

(Positive): Subject + **will** + base\ verb

Example: I **will study** tonight. (سأذاكر الليلة).

(Negative): Subject + **will** \ **not** \ (**won't**) + base\ verb

Example: She **won't** come to school tomorrow. (لن تأتي إلى المدرسة غداً).

(Question): **Will** + subject + base\ verb?

Example: **Will** they **visit** us next week? (هل سيروننا الأسبوع القادم؟).

الاستخدام: (Usage)

(Quick decisions): I'm hungry. I **will make** a sandwich

القرارات السريعة.

(Promises / offers): I **will help** you with your homework

الوعود والعروض..

(Predictions): It **will rain** tomorrow.

التنبؤات.

الكلمات الدالة (Time Expressions):

(Tomorrow, next week, soon, later, in an hour, in the future).



Exercise on Grammar

① - Rewrite the following sentences using the word(s) between brackets:

1. She offers to carry the bag for you.

(will)

2. I have decided to stay at home tonight.

(will)

3. Sara does not plan to join us tomorrow.

(won't)

4. We promise to help you with the project.

(will)

5. He promises to finish the work soon.

(will)

6. They don't intend to travel next summer.

[won't]

7. He promises to finish the work soon.

[will]

8. She doesn't plan to join us tomorrow.

[won't]

9. Do you plan to meet us later?

[Will]

10. She offers to carry the bag for you.

[will]

11. Does she intend to join the club?

[Will]

Lessons 3 & 4

► Helping Ideas - Building the Future

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
patience	الصبر	huge	ضخم	powerful	قوي
respect	احترام	actions	أفعال	alone	بمفرده
adults	كبار / بالغين	effort	مجهود	change	يغير
free	مجانى	real	حقيقى	explain	يشرح / يوضح
royal palace	القصر الملكي	courage	شجاعة	strength	قوة

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
struggle	يصارع / يحاول بشدة	parade	موكب	let go	يفرج عنه / يترك
amazement	إعجاب شديد / ذهول	cry	يبكي / يصرخ	pull	يسحب
join in	ينضم إلى	cause	يسبب	foolish	أحمق / ساذج
laughter	ضحك / قهقهة	choice	خيار / اختيار	wonder	يتساءل / يتعجب
celebration	احتفال	challenge	تحدى	soldier	جندي
schoolmaster	مدير المدرسة	unusual	غير عادى	clap	يصفق

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
powerful	قوي	strong	weak / powerless	ضعيف
huge	ضخم	enormous	small / tiny	صغير الحجم
happiness	السعادة	joy	sadness	الحزن
easy	سهل	simple	difficult	صعب
rich	غني	wealthy	poor	فقير
real	حقيقى	true	unreal / fake	غير حقيقى / مزيف

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ful	يحول الاسم الى صفة	powerful	قوى
-ness	يحول الصفة الى اسم	happiness	السعادة
-ence	يحول الفعل الى اسم	difference	اختلاف
-ing	يحول الفعل الى اسم	helping	مساعدة

-ly

يحول الصفة الى حال slowly

بيطء

Definitions

Word	Meaning	Definitions
huge	ضخم	very big
effort	مجهود	trying hard to do something
patience	الصبر	the ability to wait calmly
alone	بمفرده	without other people
powerful	قوي	having control over people and events

Lesson 1 - Reading

Helping others does not always mean doing **something** huge or giving a lot of money. In fact, helping can be very simple and part of everyday life. A small action, if it comes from the heart, can bring **happiness** and hope to another person.



For example, you can smile at someone who looks sad. A smile is free, but it can **change** someone's whole day. You can also carry shopping bags for an older person who finds it **difficult** to walk. That small **effort** shows **respect** and care. Another easy way to help is by **explaining** a lesson to a **classmate** who doesn't **understand** it. Your time and patience can make learning easier for them. Helping can also mean listening. Sometimes a friend just needs someone to hear their problems. By giving **attention**, you show that they are not alone. When many people do small things like this, the world slowly becomes a better and kinder place. Big projects are important, but daily acts of **kindness** are powerful, too. Everyone, even children, can help. You do not need to wait until you are older or richer. Start with simple **actions** today, and you will make a real **difference**.

Chapter four – The Long Procession

Dummling walked down the road with the **goose** under his arm. Behind him, the three boys were stuck, **struggling** and crying, but they had no choice but to follow. Along the way, a **schoolmaster** **laughed** at the sight and tried to pull them free. Instead, he stuck fast as well. Soon, a farmer joined in, and then a soldier, and even more people. A lot of people followed **Dummling** through the village, all unable to let go of the **magical** goose. The sight caused **laughter** and **amazement** wherever they went. Children **clapped**, and **villagers** pointed in wonder. **Dummling**, who had once been seen foolish, now walked proudly at the front of this strange parade. He did not know it yet, but his journey was



leading him to the royal palace, where an unusual **challenge** was waiting for him.



Exercise on Vocabulary

①- Read the sentences and complete with the words in the box.

huge – parks – patience – library – alone

Last week, four teenagers shared their volunteer experiences. Maya helps at a (1)..... reading to children. Omar cleans (2)..... and paints benches. Lina cares for animals at a shelter. They all agreed that helping others requires (3)..... and even small actions can make a (4)..... difference.

②- Choose the correct answer from a, b, c or d::

1- A smile or kind word can be more than money or gifts.

(A) - powerful (B) - huge (C) - weak (D) - slow

2- Lifting heavy boxes for someone may take a lot of

(A) - huge (B) - effort (C) - patience (D) - alone

3- Even small tasks require to complete without getting frustrated.

(A) - patience (B) - huge (C) - alone (D) - powerful

4- You don't have to do everything by yourself, you are not.....

(A) - alone (B) - huge (C) - patient (D) - effort

5- The antonym of the word "huge" is.....

(A) - small (B) - powerful (C) - huge (D) - effort

6. means having control over people and events.

(A) - Alone (B) - Powerful (C) - Huge (D) - Lazy

7. means trying hard to do something.

(A) - Effort (B) - Happiness (C) - Patience (D) - Fake

8. Helping others doesn't need much effort. This means it is to help others.

(A) - hard (B) - hopeless (C) - difficult (D) - simple

9. We should adults.

- (A) - neglect (B) - respect (C) - forget (D) - ignore
10. Kindness is about care.
- (A) - earning (B) - forgetting (C) - stealing (D) - showing
11. The antonym of the word "real" is "....."
- (A) - true (B) - fake (C) - simple (D) - happy
12. The word "rich" is the..... of "wealthy".
- (A) - synonym (B) - antonym (C) - opposite (D) - verb
13. The suffix "." forms the noun of the word "differ".
- (A) - -ness (B) - -ily (C) - -ment (D) - -ence
14. The words "happiness" and "sadness" are.....
- (A) - adverbs (B) - verbs (C) - antonyms (D) - synonyms



Exercise on On Chapter 4

3 - Write True (T) or False (F):

- 1- Dummling walked proudly at the front of the parade. { }
- 2- The villagers were frightened by the sight of the goose. { }
- 3- Only the three boys followed Dummling; no one else joined. { }
- 4- Dummling's journey was leading him to the royal palace. { }
5. The boys were happy to follow Dummling. { }
6. The schoolmaster was able to free the boys. { }
7. A farmer and a soldier got stuck to the goose. { }
8. The three boys followed Dummling freely without any struggle. { }
9. Dummling was seen as foolish before this event. { }
10. The villagers were angry when they saw Dummling's parade. { }

4 - Answer the following questions:

1-Who laughed at the sight of Dummling and the goose?

.....

2- What did the children do when they saw the magical goose?

.....

3-Where was Dummling's journey taking him?

.....

4-Why were all the people unable to let go of the goose?

.....

7. 43 How had Dummling once been as before the parade?

.....

8. Do you think the villagers learned a lesson from this event? Why or why not?

.....

9. How was Dummling changed from the beginning of the story?

.....

1. How was Dummling seen by people before the parade?

.....

2. Who tried to help the children and got stuck themselves?

.....

4. Why was the sight surprising and funny to everyone?

.....

8 - Write a paragraph of NINETY (90) words on:

"An act of kindness you did"

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Lessons 1 & 2

Let's Talk - Voluntary work to help the community

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
fantastic	رائع	charity	مؤسسة خيرية	donate	يتبرع
excellent	ممتاز	voluntary	تطوعي	valued	ذو قيمة
activities	أنشطة	treat	يعامل	chance	فرصة
playground	الملعب	cooking	الطبخ	matter	بهم
parents	الوالدين	cleaning up	التنظيف	proud	فخور

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
volunteers	متطوعين	village	قرية	plan	يخطط / خطة
responsibility	مسؤولية	workers	عمال	ready	مستعد / جاهز
exactly	بالضبط	prepare	يعد / يجهز	care	يعتني
skills	مهارات	join	ينضم إلى		

Conjugation of Verbs:

Verb	meaning	past	Past participle
spend	يقضي	spent	spent
meet	يقابل	met	met
give	يعطي	gave	given

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
valued	قيم	respected	ignored	متجاهل / مستبعد
important	مهم	essential	unimportant	غير مهم
excellent	ممتاز	smart /great	bad	سئى
patience	الصبر	tolerance	impatience	عدم الصبر

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ity	تكون الاسم من الصفة	responsibility	مسؤولية
-hood	تحول الكلمة الى اسم	neighborhood	حي / منطقة
un-	تكون عكس الصفة	unimportant	غير مهم
-er	تكون الاسم من الفعل	worker	عامل

Lesson 1 - Reading

Teacher: Good morning, everyone! Can I ask you two **questions** to start? First, why do you think it's **important** to help others?

Maher: I think it makes people happy and shows we **care**.

Teacher: That's a great point! Second question: How can we help others?

Mariam: We can help by giving food to people who are hungry.

Omar: I like helping by **explaining** lessons for **younger** students in school.

Laila: I sometimes help by cleaning up my **neighborhood** or school.

Teacher: Wow, those are all **excellent** ideas! Can anyone think of something else?

Mariam: We can help by planting trees to protect the **environment**.

Omar: Or by helping our parents at home, like cooking or cleaning.

Teacher: **Fantastic!** I'm really proud of all your ideas. **Remember**, helping doesn't have to be big even small **acts** matter.

Laila: Yes! I'll try to do at least one kind thing every day.

My Plans to Help My Community Next Summer

Next summer holiday, I will spend my time usefully. I will help my neighbors and the **local community**. I will clean the park and plant trees with other **volunteers**. I will make flyers to invite people to join our activities. I hope my small **effort** will make a huge difference. Doing this work will bring happiness to me and others. I will treat everyone with kindness and help everyone feel **valued**.



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

effort -animals-school- clothes - kindness

Next weekend, Bassem will visit his grandfather's farm near Marsafa. He will help his grandfather plant vegetables and feed the (1)..... He knows it will need patience and(2)..... but he is ready. He will also donate(3)..... and food to a local (4).....

①- Choose the correct answer from a, b, c or d::

1- Cleaning the park with other volunteers is an example of.....

Ⓐ- responsibility

Ⓑ- impatience

Ⓒ- fear

Ⓓ- anger

2-Bassem knows helping at the farm will needand patience.

- (A)- happiness (B)- effort (C)- kindness (D)- celebration

3- Giving food or clothes to a local organization shows..... to others.

- (A)- kindness (B)- impatience (C)- anger (D)- laziness

4- Planting trees is a way to protect thearound us.

- (A)- environment (B)- money (C)- school (D)- animals

5- Helping others can bringto both the helper and the people being helped.

- (A)- happiness (B)- sadness (C)- fear (D)- effort

6- Explaining lessons to younger students shows.....

- (A)- helpfulness (B)- laziness (C)- selfishness (D)- sadness

7. We can help by giving food to people who are hungry. "Giving" here is similar to.....

- (A)- selling (B)- chatting (C)- eating (D)- donating

8. Planting trees is a way to..... the environment.

- (A)- hurt (B)- destroy (C)- protect (D)- damage

9. The teacher..... the students the chance to join the voluntary activities.

- (A)- took (B)- gave (C)- made (D)- did

10. I will help everyone..... valued.

- (A)- feel (B)- fail (C)- miss (D)- ignore

11.The words "valued" and "ignored" are.....

- (A)- synonyms (B)- antonyms (C)- verbs (D)- adverbs

12. The suffix "....." gives the noun from "responsible".

- (A)- -ly (B)- -ed (C)- -ment (D)- -ity

13. The word "excellent" is the synonym of.

- (A)- ugly (B)- late (C)- hard (D)- smart

14. The prefix "....." gives the opposite of "important".

- (A)- un- (B)- im- (C)- il- (D)- in-



Test On Unit 10

① - a. Listen to the text and write True (T) or False (F):

1. Carrying shopping bags for an older person is a way to show care. { }
2. Explaining a lesson to a classmate requires a lot of money. { }

① - b. Listen again and complete:

1. Although a smile is, it has the power to change someone's day.
2. You can help an older person who finds it difficult to walk by
3. To make learning for a classmate, you should offer time and patience

② - Choose the correct answer from a, b, c or d:

- 1- People who help without expecting reward are called.
 (A) - volunteers (B) - charity (C) - neighbors (D) - flyers
2. Helping others does not always mean doing something huge. The word "huge" means.....
 (A) - very small (B) - very important or big (C) - very easy (D) - very slow
- 3- We wanted to do something meaningful to our community. The word "meaningful" means..... action
 (A) - important (B) - funny (C) - useless (D) - careless
- 4- Zeina greeted the elderly warmly. The word "warmly" means.....
 (A) - kindly and friendly (B) - angrily (C) - quickly (D) - silently

③ - Read and complete the text with the words in the box:

money - trash - responsibility - happily - difference

Omar, spends his weekends helping at the local park, "We collect (1)..... plant flowers, and paint benches. The park looks beautiful, and families enjoy it more," he explained (2)..... Omar believes that volunteering teaches (3)..... and teamwork. He feels proud because small actions can make a big(4)..... in the community.

④ - Read the following text, then answer the questions:

Last summer, Yara and her family decided to spend their holiday helping the

local community. They noticed that the neighborhood park had a lot of litter and damaged benches, which made it difficult for children to play safely. Yara, her older brother Sami, and their parents planned a "Clean and Care Day." They brought gloves, trash bags, paint, and gardening tools. Yara and Sami collected litter while their parents fixed benches and planted flowers. They also prepared small welcome cards for the park visitors. By the end of the day, the park looked clean and colorful, and many neighbors thanked them for their effort. Yara realized that even small actions, like picking up trash or planting flowers, can make a big difference and bring happiness to others.

4- a. Choose the correct answer from a, b, c or d:

1. What problem did Yara's family notice in the park?

- (A) - The park was too small (B) - There were too many trees.
(C) - There was litter and damaged benches (D) - The park had no benches at all.

b) How did Yara and her family help the park?

- (A) - They played games with children.
(B) - They collected trash, fixed benches, and planted flowers
(C) - They invited more neighbors to the park.
(D) - They painted a mural on the wall.

4- b. Answer the following questions:

1- Who helped clean the park?

.....

2- What items did they bring for the clean-up?

.....

3- Why did Yara think their actions were important?

.....

5 Story (The Golden Goose)

5- a. Write True (T) or False (F):

1. The villagers ignored the parade and did not react.. { }
2. A lot of people joined in and got stuck to the goose.. { }

5- b. Answer the following questions:

1. What did the schoolmaster try to do when he saw the boys struggling?

.....

2- How did the villagers feel when they saw the long procession?

3- What did the schoolmaster try to do when he saw the boys struggling?

4- What had Dummling once been seen as before the parade?

⑥- Rewrite the following sentences:

1- I offer to help you with the bags. (will)

2- He promises to finish the work soon. (will)

3- She expects to be very happy in the future. (will)

4- Do you plan to call me this evening? (Will)

⑦- Complete the following dialog:

Eyad: Hi Samar! Last weekend, I helped clean the local park. It felt really good to do that.

Samar: 1..... you enjoy it?

Eyad: Yes! I like helping because it makes people 2..... and the place look nice.

Samar: Do you think everyone should 3..... sometimes?

Eyad: Definitely! Even 4..... actions, like picking up trash, can make a big difference.

⑧- Write a paragraph of NINETY (90) words on:

" Helping our Community is Very Important "

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

UNIT 11

The Natural World

Lessons 1 & 2

The Wonders of Nature- Weather Forecasts

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
natural wonders	عجائب طبيعية	affect	يؤثر على	hydrated	ممتلئ بالسوائل
landmarks	معالم	towering	شاهق	flat	مستو / مسطح
forecast	نشرة جوية	nature	الطبيعة	sights	مناظر
thunderous	رعدي	species	فصائل / أنواع	extreme	شديد / قاس
freshwater	مياه عذبة	giant	عملاق	mist	شبورة

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
variety	تنوع	creation	خلق	endless	بلا نهاية
expected	متوقع	weather	الطقس	wisely	بحكمة
environment	البيئة	thunder	رعد	avoid	بتجنب
meanwhile	في أثناء	climate	المناخ	change	يتغير - تغيير
waterfall	شلال	power	قوة	roar	زئير

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
towering	عال / شاهق	high	low	منخفض
famous	مشهور	well-known	unknown	غير معروف
endless	بلا نهاية	limitless	limited	محدد
icy	بارد جدا	freezing	hot/ warm	حار - دافئ
giant	عملاق	huge	tiny	ضئيل

Prefixes & Suffixes

Suffixes	Function	example	meaning
-al	يكون الصفة من الاسم	natural	
-y	يكون الصفة من الاسم	icy	مثلج / ثلجي
-ly	يكون الظرف من الصفة	wisely	بحكمة
-ful	يحول الاسم إلى صفة	powerful	قوي
-ion	يكون الاسم من الفعل	generation	جيل
-less	يعطى معنى النفي	endless	بلا نهاية

Definitions

Word	Meaning	Definitions
towering	شاهق	very tall or high
landmark	علامة مميزة	famous and easily seen building or place
species	فصائل	a group of animals or plants
mist	شبورة	light fog or tiny drops of water in the air
rise	يرتفع	move from a place to a higher one
flat	مستو / مسطح	straight with no height

Lesson 1 - Reading

"The wanders of nature"

From towering **waterfalls** to **endless** deserts, the natural world is full of amazing sights. One of the most famous waterfalls is **Victoria Falls**, located between **Zambia** and **Zimbabwe**. Its powerful waters crash down with a thunderous roar, creating mist that **rises** like smoke. It is often called "The Smoke That **Thunders**."

Another wonder is Table Mountain which is one of the most famous natural landmarks in South Africa. It rises above the city of Cape Town and is known for its flat top, which looks like a giant table that's how it got its name.

Finally, Lake Malawi (**also called Lake Nyasa**) is one of Africa's largest and most beautiful lakes. It lies between three countries: **Malawi**, **Mozambique**, and Tanzania. It's known for having the world's largest variety of freshwater fish species.

These natural wonders remind us to care for our **planet**. They show the beauty and power of creation, and the importance of protecting it for future **generations**.



Lesson 2 SB page 74

Good morning, my dear friends! Let's check the **weather** in three cities. In Cairo, it's sunny and very hot today with a high of 34°C. People are advised to stay **hydrated** and avoid the midday sun. In London, it's cooler and rainy, with

a high 18°C. The streets are wet, so carry an umbrella. **Meanwhile**, Moscow is cold at just 6°C, and snow is expected later. Roads may be icy, so travel carefully. These different **climates** show how nature **changes** across the world. Whether hot, wet, or cold, we must **respect** the environment and prepare wisely for all kinds of weather.



Exercise on Vocabulary

①- Read the sentences and complete with the words in the box.

Mist – thunderous – smoke – variety – protect

One of the most famous natural wonders is Victoria Falls, located between Zambia and Zimba-bwe. Its powerful waters crash down with a (1)..... roar, creating (2)..... that rises like (3)..... It is often called "The Smoke That Thunders." Another wonder is Lake Malawi, known for its (4)..... of freshwater fish species.

①- Choose the correct answer from a, b, c or d::

1- Victoria Falls is known for its powerful waters that crash down with a sound.

- (A) - soft (B) - thunderous (C) - quiet (D) - musical

2- Table Mountain is famous for having a top, which looks like a giant table.

- (A) - flat (B) - curved (C) - pointed (D) - jagged

3- Lake Malawi is recognized for having the world's variety of freshwater fish species.

- (A) - smallest (B) - largest (C) - most colorful (D) - least diverse

4- The mist created by Victoria Falls rises like

- (A) - steam (B) - smoke (C) - clouds (D) - fog

5- The natural wonders remind us of the importance of our planet.

- (A) - destroying (B) - exploring (C) - protecting (D) - ignoring

6. means light fog or tiny drops of water in the air.

- (A) - Mist (B) - Dust (C) - Power (D) - Smoke

7. means a group of animals or plants.

- (A) - Spaces (B) - Spices (C) - Splashes (D) - Species

8. The most famous waterfall is located between Zambia and Zimbabwe. The word "is located" means.....

- (A) - lies (B) - plays (C) - swims (D) - arrives

9. It has the world's largest variety of freshwater fish species. The underlined word "species" means.....

- (A) - oceans (B) - meals (C) - hobbies (D) - kinds

10. Table Mountain is famous for having a..... top, which looks like a giant table.

- (A) - flat (B) - curved (C) - pointed (D) - jagged

11. GB The synonym of the word "giant" is"..... "

- (A) - beautiful (B) - huge (C) - high (D) - tiny

12. SB The suffix"....."forms the noun from "generate".

- (A) - ion (B) - ment (C) - less (D) - ed

13. The words "famous" and "unknown" are"..... "

- (A) - verbs (B) - adverbs (C) - synonyms (D) - antonyms

14. To get the adjective from "nature", we add the suffix"..... "

- (A) - al (B) - ness (C) - ment (D) - ity

15. 53 The antonym of the word "endless" is"..... "

- (A) - available (B) - priceless (C) - limited (D) - tiny

16. Victoria Falls is one of the amazing natural.....

- (A) - wonders (B) - species (C) - giants (D) - forecasts

17. The zoo protects many animal.....

- (A) - species (B) - workers (C) - tickets (D) - cages

18. We saw amountain near the village. Its height was amazing.

- (A) - tiny (B) - towering (C) - weak (D) - short

19. The tour guide showed us the famousin the city.

- (A) - roar (B) - sights (C) - fog (D) - recipes

20. means to move from a place to higher one.

- (A) - Fail (B) - Feel (C) - Rise (D) - Fall

Grammar In Use

🏆 Comparative and Superlative Adjectives

تُستخدم هذه القواعد للمقارنة بين الأشياء أو الأشخاص بناءً على الصفات (Adjectives).

1 Comparative Adjectives (المقارنة)

تُستخدم للمقارنة بين اثنين (شخصين، شيئين، أو مجموعتين).

A) Short Adjectives (الصفات القصيرة):

نضيف (-er) لنهاية الصفة متبوعة بكلمة **than**.

Adjective + er + than

Ali is **taller than** Sami. (علي أطول من سامي).

A car is **faster than** a bike. (السيارة أسرع من الدراجة).

B) Long Adjectives (الصفات الطويلة):

نضع كلمة **more** (أكثر) أو **less** (أقل) قبل الصفة متبوعة بـ **than**.

more / less + Adjective + than

Gold is **more expensive than** silver. (الذهب أغلى من الفضة).

English is **more interesting than** Math. (الإنجليزية أكثر إمتاعاً من الرياضيات).

2 Superlative Adjectives (التفضيل)

تُستخدم لمقارنة واحد بالمجموعة كاملة (الأفضل، الأسرع، الأعلى).

A) Short Adjectives (الصفات القصيرة):

نضع **the** قبل الصفة ونضيف (-est) لنهايتها.

the + Adjective + est

Ali is **the tallest** boy in class. (علي هو أطول ولد في الفصل).

The cheetah is **the fastest** animal. (الفهد هو أسرع حيوان).

B) Long Adjectives (الصفات الطويلة):

نضع **the most** (الأكثر) أو **the least** (الأقل) قبل الصفة.

the\ most / the\ least + Adjective

This is **the most expensive** watch. (هذه هي الساعة الأغلى).

He is **the most intelligent** student. (هو الطالب الأكثر ذكاءً).

⚠ Irregular Adjectives (صفات شاذة)

هذه الصفات لا تتبع القواعد السابقة ويجب حفظها كما هي:

الصفة (Adjective)	المقارنة (Comparative)	التفضيل (Superlative)
Good (جيد)	Better than	The best
Bad (سيئ)	Worse than	The worst
Far (بعيد)	Farther / Further than	The farthest / furthest

Summary Table for Students (جدول ملخص للطلاب)

نوع الصفة (Type)	المقارنة (Comparative)	التفضيل (Superlative)
Short (e.g., Fast)	Faster than	The fastest
Long (e.g., Famous)	More famous than	The most famous
Ending in Y (e.g., Happy)	Happier than	The happiest



Exercise on Grammar

① - Rewrite the following sentences using the word(s) between brackets:

1. No one is taller than Ali. (tallest)

2. Hady is fatter than every student in class. (the)

3. Tamer is the fastest runner in the race. (No runner)

4. I am 16 years old. Noha is 17. (younger)

5. Dalia is clever but Faten is cleverer. (than)

6. The elephant is big. The mouse is small. (bigger)

7. This puzzle is easy. That puzzle is difficult. (than)

8. My house is far. Your house is near. (the nearer)

9- Sarah is talented. Her sister is less talented. (than)

10- Today is warm. Last night was cold. (warmer)

Lessons 3 & 4

Nature Facts – Story Time

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
sensitive	حساس	tongue	لسان	survive	ينجو
fascinating	مبهر	shrink	ينكمش	adapt	يتكيف
biodiverse	غني بالتنوع البيولوجي	nutrients	عناصر غذائية	facts	حقائق
Venus flytrap	مصيدة فينوس	bamboo	نبات الخيزران	among	بين
rainforests	غابات مطيرة	sunburn	حروق الشمس	starfish	نجم البحر
living things	كائنات حية	increase	يزداد	surprises	مفاجآت

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
competitive	تنافسي	growth	النمو	rapid	سريع
store	بخرن	insects	حشرات	prey	فريسة
worth	مستحق	snap	يغلق فجأة	leaves	أوراق الشجر
marriage	زواج	promise	وعد	deserve	يستحق
physically	جسدياً / بدنياً	princess	أميرة	doubted	شك
determination	عزيمة / إصرار	kingdom	مملكة	abilities	قدرات
strength	قوة	worthy	يستحق	tasks	مهام
joy	فرح	marry	يتزوج	prove	يثبت / يبرهن

Conjugation of Verbs:

Verb	meaning	past	Past participle
shrink	ينكمش	shrank	shrunk
feed	يطعم	fed	fed
shut	يغلق	shut	shut

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
rapid	سريع	fast/quick	slow	بطيء
allow	يسمح	let	stop / prevent	يتوقف / يمنع
reduce	يقلل	decrease	increase	يزداد

shrink	ينكمش	contract	expand	يتمدد
strange	غريب	unusual	familiar/common	مألوف / شائع
survive	يعيش - ينجو	live	die	يموت
protect	يحمي	save	damage	يدمر

Prefixes & Suffixes

Suffixes	Function	example	meaning
-th	يحول الفعل إلى اسم	growth	النمو
-ing	يحول الفعل إلى صفة	fascinating	مبهر
-al	يحول الفعل إلى اسم	survival	البقاء

Definitions

Word	Meaning	Definitions
biodiverse	غني بالتنوع البيولوجي	having many different species
adapt	يتكيف	to change in order to survive
Venus flytrap	نبات أكل للحشرات	a plant that eats insects
sensitive	حساس	easily affected or responsive

Lesson 1 - Reading

Nature is full of **surprises**! Do you know a giraffe's **tongue** can be up to 50 cm long and is dark purple? This helps it reach high leaves and protects it from sunburn. Starfish are also **fascinating**-they usually have five arms, though some **species** can have more. Bamboo is one of the **fastest-growing** plants in the world; it can grow up to 90 cm in just one day! In the **Amazon** Rainforest, over **2.5** million **species** of animals live, making it one of the most **biodiverse** places on Earth. Among the many strange plants in nature is the Venus flytrap, which eats insects by snapping its leaves shut when prey touches its sensitive hairs.

These facts show how living things adapt to survive. A giraffe's long tongue helps it feed from tall trees. **Bamboo's rapid** growth allows it to increase in **competitive environments**. The Venus flytrap gets nutrients from insects, and desert animals store water to survive the heat. If the **Amazon** keeps shrinking, many **species** could lose their homes.



Chapter five – The princess's laughter

In the **kingdom**, there was a **princess** who had never smiled or laughed. Her father, the king, said that whoever could make her laugh, would win her hand in **marriage**. Many tried, but none **succeeded**. When **Dummling** entered the town with his strange parade of people stuck to the goose, the princess looked from her window. She could not stop her **laughter** at the funny scene.



For the first time, her heart was filled with joy, and she laughed loudly. The king was surprised but kept his **promise**. He said that Dummling could marry his daughter if he could also prove himself worthy through other tasks. Though many still doubted him, **Dummling's** kindness and determination gave him **strength** to face what was coming.



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

adapt- fascinating-species- competitive- nutrients

Nature is full of fascinating animals and plants. For example, the Venus flytrap is a(1)..... plant that eats insects to get the (2)..... it needs to grow. In the wild, animals must(3)..... to survive. Some animals live in a (4)..... environment, where they have to compete for food and space with other creatures.

②- Choose the correct answer from a, b, c or d::

1. A "fascinating" animal is one that is very interesting and.....

- (A)- boring (B)- exciting (C)- scary (D)- harmful

2.. If an animal "adapts" to its environment, it to survive.

- (A)- ignores (B)- changes (C)- destroys (D)- forgets

3. The "species" of an animal refers to a specific..... of that animal.

- (A)- place (B)- group (C)- color (D)- size

4. A "competitive" environment means an environment where.

- (A)- no one competes (B)- animals fight for resources
(C)- everything is calm (D)- food is not available

5. "Nutrients" are substances that give energy andto living organisms.

- (A) - poison (B) - food (C) - warmth (D) - water

6. is a plant that eats insects.

- (A) - Weed (B) - Forest (C) - Venus flytrap (D) - Rose

7. The giraffe's tongue protects it from sunburn. The word "protect" is similar in meaning to

- (A) - damage (B) - hurt (C) - mix (D) - save

8. Bamboo's rapid growth allows it to increase. The word "rapid" here means.....

- (A) - slow (B) - small (C) - hard (D) - quick

9. If an animal adapts to its environment, this means it. to survive.

- (A) - ignores (B) - changes (C) - destroys (D) - forgets

10. The opposite of the word "strange" is"..... "

- (A) - biodiverse (B) - rapid (C) - sensitive (D) - familiar

11. The suffix"....."forms the noun from the word "grow".

- (A) - -th (B) - -less (C) - -ness (D) - -ity

12. The words "reduce" and "decrease" are".....

- (A) - nouns (B) - synonyms (C) - adverbs (D) - antonyms

13. To means to change in order to survive.

- (A) - adapt (B) - ignore (C) - fail (D) - faint

14. means easily affected or responsive.

- (A) - Strong (B) - Powerful (C) - Sensitive (D) - Greedy

15. A..... person enjoys competing with other and tries to win.

- (A) - weak (B) - careless (C) - competitive (D) - busy

16. Coral reefs are very..... and full of life.

- (A) - empty (B) - biodiverse (C) - silent (D) - broken

17. Polar bears to live in very cold places.

- (A) - adapt (B) - shout (C) - relax (D) - travel

18. Clothes may..... if you wash them in hot water.

- (A) - grow (B) - shine (C) - shrink (D) - float

19. means having many different species.

- (A) - Biodiverse (B) - Alone (C) - Ancient (D) - Similar



Exercise on Chapter 5

3- Write True (T) or False (F):

- 1- The word "worthy" means something is unimportant or undeserving. { }
- 2- Predators are animals that only protect other animals in the wild. { }
- 3- The princess had laughed many times before Dummling arrived. { }
- 4- The princess laughed quietly and did not show much emotion. { }
- 5- Dummling felt weak and unsure about the upcoming tasks. { }
- 6- Dummling's parade included a magical goose and people stuck to it. { }
- 7- Many people doubted Dummling even after making the princess laugh. { }
- 8- Dummling's kindness and cleverness were key to his success. { }
- 9- The princess watched Dummling from the royal garden. { }
- 10- Dummling was ready to face new challenges. { }

4- Answer the following questions:

1- Who said that whoever could make the princess laugh would win her hand in marriage?

.....

2- What did Dummling do to make the princess laugh?

.....

3- Why did the king agree to let Dummling marry his daughter?

.....

4. What is the name of the person who made the princess laugh for the first time?

.....

5. Who was surprised by the princess's laughter?

.....

6. What had many people tried but failed to do before Dummling arrived?

.....

7. How did Dummling manage to make the princess laugh?

.....

8. AB Why did the king require Dummling to complete traditional tasks?

.....

Lessons 5 & 6

Let's Talk - Nature Around Me

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
sand dunes	كتبان رملية	harsh	قاس - صعب	eager	شغوف
achievements	إنجازات	store	بخزن	artifacts	تحف / آثار
building	مبنى	vast	واسع / شاسع	stretch	يتمدد - يمتد

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
shade	الظل	among	بين	unique	فريد / مميز
fat	دهن	hump	سنام الجمل	oases	واحات
eyelash	رمش العين	world	العالم	glory	المجد
palm trees	شجر النخيل	source	مصدر	tour	جولة

Conjugation of Verbs:

Verb	meaning	past	Past participle
meant	يعني	meant	meant
get	يحصل على / يصل	got	got/gotten

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
ancient	قديم	old/traditional	modern	حديث
vast	شاسع	wide / large	small/narrow	صغير / ضيق
unique	مميز	special	common/ordinary	شائع / عادي
harsh	صعب - قاسي	rough/hard	mild / gentle	معتدل - لطيف
connect	يربط - يوصل	link/join	separate	يفصل

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ly	تكون الحال من الصفة	truly	بشكل تام
un-	تكون عكس الكلمة	unlike	مختلف - غير متشابه
-ed	تكون الصفة من الفعل	hydrated	رطب

Lesson 1 - Reading

Lesson 5 SB page 80

Tour Guide: Welcome to Egypt. Are you ready to start our tour?

Tourist: Yes, I can't wait. What will we start with? I want to see ancient and modern **wonders** in Egypt.

Tour Guide: Well. We'll start by visiting the Pyramids **especially** the Great Pyramid in Giza. It's an ancient wonder in Egypt.

Tourist: How amazing! How old is it?

Tour Guide: It's **4000** years old and is still standing strong.

Tourist: What other modern wonders can we visit?

Tour Guide: We will visit the **Grand Egyptian Museum** near the Pyramids.

Tourist: That's wonderful! Both the ancient and modern wonders in one place.

Tour Guide: You are right. Egypt always connects its ancient **glory** with modern **achievements**,

Tourist: So, let's start. I'm **eager** to see what seems so **fantastic** in Egypt.



Lesson 6 SB page 82

The camel is one of the most amazing animals living in the vast deserts. It has adapted perfectly to **survive** under the hottest weather forecast. Its long legs help it walk easily across the **endless sand dunes**. Unlike other animals, the camel can stay **hydrated** for many days. Its **hump** stores fat, not water, and its thick **eyelashes** protect it from snapping **sand**. **Truly**, it is one of the most unique and **sensitive creatures** of nature.



Lesson 6 SB page 83

Palm trees are among the most important plants in Egypt's **oases**. They can grow even when the **weather** is hot and dry. Their long roots grow deep to find water underground. The trees give cool **shade**, and their **dates** are a **source** of food and energy. For many people, palm trees show the meaning of life in the desert. They are taller and stronger than most trees and can survive in **harsh** weather. People **understand** their great value in desert **nature**.



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

water-fat-legs unique dunes

The camel is one of the most amazing animals living in the vast deserts. It has adapted perfectly to survive under the hottest weather forecast. Its

long(1)..... help it walk easily across the endless sand (2).....
Unlike other animals, the camel can stay hydrated for many days. Its hump stores (3)..... not (4)..... and its thick eyelashes protect it from snapping sand.

① - Choose the correct answer from a, b, c or d::

- The Great Pyramids of Giza are an wonder of Egypt.
(A) - modern (B) - ancient (C) - unknown (D) - futuristic
- The tourist is excited to visit both..... and modern wonders in Egypt.
(A) - local (B) - ancient (C) - hidden (D) - strange
- The Grand Egyptian Museum is located near the.....
(A) - Nile River (B) - park (C) - Pyramids (D) - City Center
- The tourist says they are eager to see the wonders that seem..... in Egypt.
(A) - amazing (B) - ordinary (C) - complicated (D) - fake
- 58 Egypt always connects its ancient glory with modern achievements. The word "connects" here means.....
(A) - forgets (B) - ignores (C) - misses (D) - links
- The camel's hump fat, not water.
(A) - stores (B) - dries (C) - deeps (D) - finds
- Palm trees can grow even when the weather is hot and dry. This means they....
(A) - shrink (B) - make (C) - adapt (D) - stretch
- The words "ancient" and "old" are.....
(A) - synonyms (B) - antonyms (C) - opposites (D) - verbs
- Palm trees can survive in harsh weather. The antonym of "harsh" is.....
(A) - mild (B) - rough (C) - high (D) - dry
- The suffix "....." forms the adverb from the word "perfect".
(A) - -ance (B) - -ment (C) - -less (D) - -ly
- The prefix ".....". gives the opposite of the word "like".
(A) - im- (B) - il- (C) - ir- (D) - un-
- He made many great things for his country. This means he made.....
(A) - achievements (B) - rules (C) - paintings (D) - mistakes
- The desert is a vast place where animals live. The word "vast" is similar in meaning to.....
(A) - narrow (B) - simple (C) - crowded (D) - large



Test On Unit 11

① - a. Listen to the text and write True (T) or False (F):

1. Victoria Falls is located between Zambia and South Africa. { }
2. The nickname "The Smoke That Thunders" comes from the mist and the loud sound of the water. { }

① - b. Listen again and complete:

1. Victoria Falls is situated on the border between and Zimbabwe.
2. The created by the crashing water rises into the air like smoke.
3. Because of its thunderous roar and rising mist, the falls is often called "The That Thunders"..

② - Choose the correct answer from a, b, c or d:

1. Hassan can't wait to hear the good news. This means he is.....to hear it.
 (A) - eager (B) - bored (C) - lazy (D) - calm
2. The museum displays ancient..... Egyptians
 (A) - Oases (B) - dunes (C) - artifacts (D) - devices
3. The suffix "-ly" forms the from the word "perfect".
 (A) - noun (B) - adverb (C) - adjective (D) - prefix
4. The suffix"" changes the word "true" into an adverb.
 (A) - ly (B) - ness (C) - ful (D) - hood

③ - Read and complete the text with the words in the box:

walk-hydrated-hottest survive -desert

The camel is one of the most amazing animals living in the deserts. It has adapted perfectly to (1)..... under their(2)..... weather forecast. Its long legs help it(3)..... easily across the end-less sand dunes. Unlike other animals, the camel can stay(4)..... for many days.

4- Read the following text, then answer the questions:

Nature is full of surprises! A giraffe's tongue can be up to 50 cm long and dark purple, helping it reach high leaves and protect itself from the sun. Starfish usually have five arms, but some species have more. Bamboo grows extremely fast, up to 90 cm in one day! The Amazon Rainforest is home to over 2.5 million species, making it highly biodiverse. The Venus flytrap catches insects by snapping shut when touched. These adaptations help animals and plants survive, but climate change threatens their homes.

4- a. Choose the correct answer from a, b, c or d:

1. How long can a giraffe's tongue be?

- (A) - 30 cm (B) - 50 cm (C) - 70 cm (D) - 90 cm

2. What is one of the fastest-growing plants in the world?

- (A) - Bamboo (B) - Sunflower (C) - Oak tree (D) - Rose bush

3. How many species are estimated to live in the Amazon Rainforest?

- (A) - 1 million (B) - 2 million (C) - 2.5 million (D) - 5 million

4- b. Answer the following questions:

1. What color is a giraffe's tongue?

.....

2. How does the Venus flytrap catch its prey?

.....

3. Why is the Amazon Rainforest so biodiverse?

.....

5 Story (The Golden Goose)

5- a. Write True (T) or False (F):

1. The princess had smiled many times before Dummiling arrived. { }

2. The king refused to let Dummiling marry the princess. { }

5- b. Answer the following questions:

1. Who promised that whoever made the princess laugh could marry her?

.....

2. What made the princess laugh for the first time?

.....

⑥- Rewrite the following sentences:

1. The lion is faster than the rabbit. (The rabbit)

2. The museum is more beautiful than the cinema. (less)

3. Youssef is cleverer than Ali. (Ali)

4. No story is more exciting than this story. (the most)

⑦- Complete the following dialog:

Ahmed and Amgad are talking about a good student.

Ahmed: Hi! How can I be a good student?

Amgad: Bring your books and be ready for class. Raise your.....
when you want to speak.

Ahmed: Okay! What do I do when the teacher talking?

Amgad:..... carefully and pay attention. It helps you understand.

Ahmed: What else can I do?

Amgad: Nothing else. Only do your

Ahmed: Thanks! I will try my best"

⑧- Write a paragraph of NINETY (90) words on:

"Why we should visit the Grand Egyptian Museum"

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

UNIT
12

I will be responsible

Lessons 1 & 2

I Will Be a Good Student - House Rules

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
respect	يحترم / احترام	attention	انتباه	chores	أعمال المنزل
manners	أخلاق	politeness	الأدب	tasks	مهام / واجبات
behavioral	سلوكي	classmates	زملاء الفصل	confident	واثق

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
especially	خصوصاً	properly	يشكل صحيح	position	مكانة
dust	يزيل الغبار / غبار	extra	إضافي	neatly	بشكل مرتب
interrupt	يقاطع	friendship	الصداقة	chance	فرصة
rules	قواعد	proud	فخور	staff	طاقم العمل

Conjugation of Verbs:

Verb	meaning	past	Past participle
feel	يشعر	felt	felt
bring	يحضر	brought	brought
spend	يقضي	spent	spent

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
polite	مehذب	well-mannered	impolite / rude	غير مهذب / وقح
avoid	يتجنب	stop	follow	يتبع
politeness	الأدب	good manners	rudeness	الوقاحة
organized	منظم / مرتب	neat / tidy	messy/untidy	فوضى / غير منظم
simple	بسيط	easy	difficult	صعب
respect	احترام	kindness	disrespect	عدم احترام

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ed	تحول الفعل إلى صفة	focused	مركز / منته
-ness	يحول الصفة إلى اسم	kindness	طيبة / عطف

-ity	يحول الصفة إلى اسم	responsibility	مسؤولية
-ion	يحول الفعل إلى اسم	distraction	تشتييت
-al	يحول الاسم إلى صفة	behavioral	سلوكي

Definitions

Word	Meaning	Definitions
feel proud	يشعر بالفخر	behaving in a way that shows you are well-raised and thoughtful
good manners	الأخلاق الحميدة	feeling happy and confident about what you or others have done
pay attention	يُنْتَبِه	to listen carefully and focus on what is happening
respect	يحترم	to show care and kindness toward others
politeness	الأدب	saying "please," "thank you," and acting kindly in all situations
set the table	يجهز المائدة	prepare the table for a meal
chores	أعمال المنزل	tasks or jobs that you do at home to help
place	يضع في مكان	put something in a certain position carefully
in order	مرتب	arranged properly
dust	ينفض الغبار	clean something by wiping away dirt or dust

Lesson 1 - Reading

There are many things a student can do to be a good one.

To be a good student, I will always bring my books, notebooks, and **materials** so I can follow lessons and learn better. I will raise my hand before speaking to show respect and give others a chance to share. I will listen carefully when the teacher is **explaining**, because **understanding** starts with paying attention. I will treat my classmates and teachers with **kindness**, **patience**, and **politeness**-because respect builds strong friendships and a happy classroom.

Behavioral Goals of a Good Student:

I will be on time for every class, because being late **interrupts** learning and shows poor **responsibility**. I will help keep our school clean by throwing trash in bins. I will not use my phone during lessons, because I want to stay focused and avoid distractions. I will be polite and kind to everyone-teachers, students, and staff-because **good manners** make school a safe and **welcoming** place. By following these rules, everyone can learn, grow, and feel proud.



Lesson 2 SB page 88

"Hi, I'm Rania. At home, I try to help my parents by following house rules and doing **chores**. Every morning, I make my bed neatly before I go to school. I am not **allowed** to watch TV until I finish all my homework, so I usually do my schoolwork first. In the evening, I set the **table** for dinner, placing the plates, forks, and glasses in order. After we eat, I help my mother wash the dishes and put them **away**.



At the weekend, I spend **extra** time cleaning my room, dusting the **shelves**, and arranging my clothes. Sometimes, I also help my little brother with his homework, especially in English. These small chores may seem simple, but they make our home **organized** and keep everyone happy.



Exercise on Vocabulary

① - Choose the correct answer from a, b, c or d::

1. Respect is closest in meaning to.....

- (A) - kindness (B) - noise (C) - worry (D) - danger

2. The opposite of "distracted" is.....

- (A) - focused (B) - sleepy (C) - nervous (D) - messy

3. "Responsible" means someone who.....

- (A) - forgets tasks (B) - can be trusted (C) - avoids work (D) - causes problems

4. I will not use my phone during lessons because I want to stay.....

- (A) - bored (B) - confused (C) - focused (D) - careless

5. To keep the school clean, students should be neat, not.....

- (A) - polite (B) - tidy (C) - careless (D) - patient

6- Rania makes her bed neatly before she goes to.....

- (A) - lunch (B) - school (C) - dinner (D) - bed

7- Rania is not allowed to watch TV until she finishes her.....

- (A) - washing (B) - dinner (C) - homework (D) - cleaning

8- In the evening, Rania sets the table by placing plates, forks, and.....

- (A) - TV (B) - spoons (C) - books (D) - paper

9- On the weekend, Rania spends extra time cleaning her room and ...her clothes.

- (A) - washing (B) - buying (C) - watching (D) - throwing

10- Rania sometimes helps her little brother with his..... especially in English.

- (A) - homework (B) - cleaning (C) - washing (D) - arranging

11. The words "polite" and "respectful" are.....

- (A) - synonyms (B) - opposites (C) - antonyms (D) - verbs

12. The suffixchanges the word "behavior" into an adjective.

- (A) - -ment (B) - -ness (C) - -ily (D) - -al

13. The words "follow" and "avoid" are.....

- (A) - adverbs (B) - synonyms (C) - adjectives (D) - antonyms

14. Respect is closest in meaning to.....

- (A) - kindness (B) - noise (C) - worry (D) - danger

15. To..... is to put something in a certain position carefully.

- (A) - please (B) - paint (C) - cry (D) - place

16. means behaving in a way that shows you are well-raised and thoughtful.

- (A) - Pay attention (B) - Good manners (C) - Feel proud (D) - In order

17. She interrupts people when they speak. This means shethem.

- (A) - helps (B) - avoids (C) - stops (D) - follows

18. Can you prepare the table for dinner, please? The word "prepare" here is similar to..... the table.

- (A) - clean (B) - hit (C) - break (D) - set

19. Teachers feel happy when students show. in class.

- (A) - respect (B) - trouble (C) - hunger (D) - surprise

20. My daily..... include cleaning my room and washing the dishes.

- (A) - visits (B) - chores (C) - prizes (D) - ideas

21. Reem feels..... when she gets a high mark in English.

- (A) - proud (B) - bored (C) - angry (D) - afraid

22. He treated everyone withand respect

- (A) - politeness (B) - danger (C) - laziness (D) - mistake

23. means arranged properly.

- (A) - Messy (B) - In order (C) - Lazy (D) - Funn

Grammar In Use



Countable vs. Uncountable Nouns

(الأسماء المعدودة مقابل غير المعدودة)

في اللغة الإنجليزية، تنقسم الأسماء إلى نوعين حسب القدرة على عدّها، وهذا يحدد شكل الفعل والأدوات المستخدمة معها.

1 Countable Nouns (الأسماء المعدودة)

هي الأسماء التي يمكن عدّها باستخدام الأرقام، ولها شكل مفرد (Singular) وشكل جمع (Plural).

• المفرد والجمع: (Singular & Plural)

A boy \ many boys.

One apple \ Two apples. •

• الأدوات (Articles): نستخدم (a / an) مع المفرد المعدود.

◦ A car / An orange.

• السؤال عن الكمية: نستخدم How many.

◦ How many books do you have?

2 Uncountable Nouns (الأسماء غير المعدودة)

هي الأسماء التي لا يمكن عدّها كقطع منفصلة (مثل السوائل، الغازات، أو المفاهيم المجردة)، وتعامل دائماً معاملة المفرد.

Liquids: Water, milk, juice.

Food/Powder: Rice, sugar, salt, bread.

Abstract ideas: Love, information, money, news.

• القاعدة (Rule): لا نستخدم معها (a / an) ولا تجمع بإضافة (s).

(Wrong: ~~A water~~ / ~~Waters~~) \ (Correct: Water).

• السؤال عن الكمية: نستخدم How much.

How much money do you need?

3 Quantifiers (أدوات التحديد)

للتعبير عن الكمية مع كلا النوعين، نستخدم الأدوات التالية:

الأداة (Quantifier)	مع المعدود (Countable)	مع غير المعدود (Uncountable)
Some (بعض)	Yes (In plural)	Yes
Any (أي)	Yes (In plural)	Yes
Many (كثير)	Yes	No
Much (كثير)	No	Yes
A few (قليل)	Yes	No
A little (قليل)	No	Yes
A lot of (كثير من)	Yes	Yes

💡 Special Note for Students (ملاحظة هامة)

لعدّ الأسماء غير المحدودة، نستخدم وحدات قياس أو حاويات:

A glass of water. (كوب من الماء).

A piece of cake. (قطعة من الكيك).

A kilo of sugar. (كيلو من السكر).



Exercise on Grammar

① - Rewrite the following sentences using the word(s) between brackets:

1. She has few friends in her class. (many)

2. There is a lot of water in the bottle. (much)

3. I have little money in my pocket. (some)

4. They bought many books yesterday. (a lot of)

5. We saw a lot of people at the concert. (many)

6. She doesn't drink much milk. (little)

7. She doesn't drink much coffee. (little)

8. We saw a lot of people at the party. (many)

9. They bought many books yesterday. (a lot of)

10. I saw few cars on the road. (many)

11. She has little water in her bottle. (much)

Lessons 3 & 4

Healthy Choices for a Better Life – Story Time

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
balanced	متوازن	lungs	الرئتين	sugary	سكري
engaging	المشاركة	grains	حبوب	habits	عادات
surrounding	البيئة المحيطة	hygiene	النظافة الشخصية	heart	القلب
teenagers	مراهقين	refreshed	منتعش	choices	اختبارات
screen time	وقت الشاشة	well-being	الصحة النفسية	muscles	عضلات
physical	بدني	illness	مرض	active	نشط
personal	شخصي	stress	توتر / ضغط	mental	عقلي

Important Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
fortune	حظ / ثروة	grand	كبير / فاخر	remain	يبقى / يظل
generosity	كرم / سخاء	wedding	حفل زفاف	soul	روح
goodness	طيبة / صلاح	kindness	عطف / لطف	achieve	يحقق
impressive	مثير للإعجاب	modesty	تواضع	tale	حكاية / قصة
rewards	مكافآت	spread	ينشر	wisely	بحكمة
success	نجاح	wealth	ثروة	exist	يوجد

Conjugation of Verbs:

Verb	meaning	past	Past participle
sleep	ينام	slept	slept
give	يعطي	gave	given
drink	يشرب	drank	drunk

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
smart	ذكي	clever	stupid / foolish	غبى / أحمق
active	نشط	energetic	lazy/inactive	كسول / غير نشط
reduce	يقلل	decrease	increase	يزيد
protect	يحمي	save	damage	يدمر
illness	مرض	disease/sickness	health	صحة
responsible	مسؤول	trustworthy	irresponsible	غير مسؤول

Prefixes & Suffixes

Suffixes	Function	example	meaning
-y	يكون الصفة من الاسم	sugary	ملئ بالسكر
-ity	يكون الاسم من الصفة	activity	نشاط
-al	يكون الصفة من الاسم	personal	شخصي
-ness	يكون الاسم من الصفة	illness	مرض
-ed	يكون الصفة من الفعل	balanced	متوازن

Lesson 1 - Reading

Living a healthy life isn't difficult when we make smart and **responsible** choices. One important habit is eating **balanced** meals every day. Our bodies need fruits, **vegetables**, whole grains, and **proteins** to stay strong. It's also better to drink plenty of water instead of sugary drinks.



Another key habit is staying active. **Engaging** in activities like walking, running, cycling, or playing **football** with friends helps keep the heart, lungs, and muscles fit. **Physical** activity also reduces stress and gives us more energy.

Getting enough sleep is just as important. **Teenagers** especially need at least eight hours of sleep each night to stay focused at school and feel refreshed during the day.

Caring for our mental health is part of living well. Talking to friends and family, relaxing, and limiting screen time are great ways to stay **positive** and calm.

Finally, personal **hygiene** matters. Washing hands, brushing teeth, and keeping our surroundings clean help protect us from **illness** and keep everyone feeling good.

By making these healthy choices, we take **responsibility** for our well-being and enjoy a **happy, strong, and active** life.

"Chapter six – Dummling's reward

The king was true to his word and allowed **Dummling** to marry the **princess** after he **completed** the challenges wisely. The **wedding** was grand, and the whole kingdom celebrated. The people no longer laughed at **Dummling**, for his kindness and **modesty** had brought him great fortune. He became a wise and gentle prince, loved by all. The golden goose remained with him, a sign of the rewards of kindness and generosity. **Dummling's goodness** proved that even the **simplest** soul, with a kind heart, could achieve **success**. The tale



of the golden goose spread across the land, reminding all that true **wealth** lies not in gold, but in **kindness**, **modesty**, and love.



Exercise on Vocabulary

①- Read the sentences and complete with the words in the box.

healthy - stress - balanced - vegetables - hygiene

Living a healthy life is important for everyone. We should eat(1).....meals that include fruits, (2)....., and proteins to keep our bodies strong. Drinking plenty of water instead of sugary drinks helps us stay(3)..... Being active by walking, running, or playing sports gives us energy and reduces(4).....

②- Choose the correct answer from a, b, c or d::

1- Our bodies need fruits, vegetables, whole grains, and proteins to stay.....

- (A) - weak (B) - strong (C) - tired (D) - sick

2- It is better to drink plenty of water instead ofdrinks.

- (A) - hot (B) - sugary (C) - salty (D) - cold

3- Physical activity helps keep the heart, lungs, and muscles.....

- (A) - fit (B) - slow (C) - heavy (D) - lazy

4- Teenagers need at least eight hours of sleep each night to stay..... at school.

- (A) - noisy (B) - focused (C) - bored (D) - angry

5- Washing hands and brushing teeth help protect us from.....

- (A) - games (B) - happiness (C) - illness (D) - exercise

6.in sports activities keeps our body strong.

- (A) - Engaging (B) - Waiting (C) - Calling (D) - Catching

7. Hair care is an important part of personal.....

- (A) - skills (B) - fear (C) - goals (D) - hygiene

8. Healthyhelp us breathe easily and stay active all day.

- (A) - illnesses (B) - phones (C) - lungs (D) - screens

9.like rice, wheat, and corn are important sources of energy.

- (A) - Grains (B) - Habits (C) - Celebrations (D) - Devices

10. Another key habit is staying active. The word "key" here means

- Ⓐ- unimportant Ⓑ- useless Ⓒ- main Ⓓ- messy



Exercise on Chapter six

③- Write True (T) or False (F):

1. The king did not keep his promise to Dummling. { }
2. Dummling became a gentle and wise prince. { }
3. People still laughed at Dummling after his marriage. { }
4. The golden goose was a symbol of kindness and reward. { }
5. The story teaches us that love and kindness are more valuable. { }
- 1- Dummling became a wise and gentle prince loved by all. { }
- 2- The goose disappeared after Durumling completed the challenges. { }
- 3- The people of the kingdom continued to laugh at Dummling. { }

⑤- Answer the following questions:

1. Who allowed Dummling to marry the princess?

.....

2. What did Dummling's kindness and modesty bring him?

.....

3. What remained with Dummling as a sign of his kindness?

.....

4. What did the story of the golden goose remind people of?

.....

5. What did the king allow Dummling to do after completing the challenges?

.....

6. How did the people's opinion toward Dummling change?

7. What kind of person did Dummling become after his marriage?

8. Explain in your own words what the story teaches us about true fortune.

9. Why do you think Dummling's kindness was more powerful than his brothers' cleverness or pride?

10. What message does the story send about how we should treat others?

5- Complete the following dialog:

Atef and Samy are talking about their favorite meals.

Atef : What is your favorite meal?

Samy: My favorite meal is (1).....

Atef : (2)..... do you like this meal?

Samy: Because it is very healthy.

Atef : Do you eat it at home or at a (3).....?

Samy: I usually eat it at (4)..... with my family.

6- Write a paragraph of NINETY (90) words on:

" Healthy habits "

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Lessons 5 & 6

Let's Talk - Rules Poster

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
instructions	تعليمات	privacy	خصوصية	siblings	أشقاء / شقيقات
hospitality	كرم الضيافة	hallways	الطرق	principal	مدير المدرسة
careful	حريص	sharing	المشاركة	stove	بوتاجاز
sharp	تماما بالضبط	respond	يرد / يستجيب	sign	يكتب اسمه
clean	نظيف	tidy	يرتب مرتب	safe	آمن

Conjugation of Verbs:

Verb	meaning	past	Past participle
forget	ينسى	forgot	forgotten
run	يجري - يدير	ran	run

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
remember	يتذكر	keep in mind	forget	ينسى
kind	عطوف / طيب	friendly	unkind	غير عطوف
safe	آمن / محمي	secure / protected	dangerous / unsafe	خطير / غير آمن

Prefixes & Suffixes

Suffixes	Function	example	meaning
-ion	يكون الاسم من الفعل	instructions	تعليمات
-ous	يكون الصفة من الاسم	dangerous	خطير
-er	تكون الفاعل من الفعل	teacher	معلم

Lesson 1 - Reading

School Principal: Good morning, students. **Welcome** to our school!

Ali : Good morning, sir.

School Principal: Please **remember** to be on time every day. **Classes** start at eight o'clock sharp.

Osama : Yes, sir. What should we do if we are late?

School Principal: If you are late, go to the **office** and sign your name before going to class.

Anwar : Okay, sir.

School Principal: Don't run in the hallways and always keep your classrooms

clean.

Ali : Sure, we will.

School Principal: And don't **forget-respect** your teachers and your friends.

All Students : Yes, Sir. Thank you for your instructions!

Parent: Children, I want to talk to you about our home **rules**. Please tidy your toys after you play.

Son : Okay, Dad. Should we also wash the dishes?

Parent : Yes, and don't play in the living room. It's **dangerous**.

Daughter: Can we watch TV before doing homework?

Parent : No, finish your **homework** before you watch TV.

Children: Okay, Dad. We'll **follow** the rules.



Exercise on Vocabulary

①-Read the sentences and complete with the words in the box.

water- exercise – healthy – sleep – meals

Staying healthy is important for both our body and mind. We should drink plenty of(1)..... every day and try to eat(2)..... meals that include fruits and vegetables. Regular(3)..... like walking or swimming, helps keep our muscles strong. It's also important to get enough (4)..... each night to feel rested and focused. Always remember to take care of your body!

①- Choose the correct answer from a, b, c or d::

1. Cutting down many trees can..... many animal species.

- (A)- protect (B)- harm (C)- save (D)- benefit

2. It is important to be..... every day to attend classes on time.

- (A)- early (B)- tired (C)- late (D)- absent

3. If you are late, you should go to the and sign your name.

- (A)- class (B)- playground (C)- office (D)- library

4. We should always..... our teachers and friends.

- (A) - ignore (B) - respect (C) - challenge (D) - avoid

5. The students promised they would the classrooms clean.

- (A) - keep (B) - cut (C) - leave (D) - forget

6. Share food with your brothers and sisters. This means to share food with your.

- (A) - grandparents (B) - siblings (C) - enemies (D) - neighbors

7. Always..... your classrooms clean.

- (A) - feed (B) - fall (C) - keep (D) - melt

8. The words "remember" and "forget" are.....

- (A) - antonyms (B) - synonyms (C) - adverbs (D) - adjectives

9. The suffix "....." changes the word "danger" into an adjective.

- (A) - -ment (B) - -ly (C) - -ness (D) - -ous

10. The words "kind" and "friendly" are.....

- (A) - synonyms (B) - opposites (C) - antonyms (D) - adverbs

11. We should always be kind to our teachers and friends. This means we should them.

- (A) - ignore (B) - hate (C) - avoid (D) - respect

8 - Write a paragraph of NINETY (90) words on:

"School rules"

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Test On Unit 12

① - a. Listen to the text and write True (T) or False (F):

1. Smart and responsible choices make living a healthy life difficult. { }
2. Drinking plenty of water is a better habit than drinking sugary drinks. { }

① - b. Listen again and complete:

1. To stay strong, our bodies require fruits, vegetables,, and proteins.
2. One of the most important habits for a healthy life is eating meals every day.
3. Smart and responsible choices are the key to living a life.

② - Choose the correct answer from a, b, c or d:

1. are tasks or jobs that you do at home to help.
 (A) - Rules (B) - Chores (C) - Manners (D) - Traditions
2. We should smart and responsible choices.
 (A) - make (B) - fail (C) - play (D) - sleep
3. The words "reduce" and "increase" are
 (A) - adjectives (B) - synonyms (C) - antonyms (D) - suffixes
4. To get the noun from the word "polite", we add the suffix "....."
 (A) - al (B) - ness (C) - less (D) - ment

③ - Read and complete the text with the words in the box:

refreshed-eight-proud mental- relaxing

Getting enough sleep is very important. Teenagers especially need at least (1)..... hours of sleep each night to stay focused at school and feel (2)..... during the day. Caring for our (3)..... health is part of living well. Talking to friends and family, (4)....., and limiting screen time are great ways to stay positive and calm.

4- Read the following text, then answer the questions:

Living a healthy life becomes easier when people make smart daily choices. One of the most important habits is eating balanced meals that include fruits, vegetables, whole grains, and pro-teins. These foods help the body grow strong and stay active. Drinking water instead of sugary drinks is also a healthy choice. Another key habit is regular physical activity. Activities such as walking, cycling, or playing sports keep the heart and muscles healthy while reducing stress. Getting enough sleep is just as important, especially for teenagers, who need proper rest to stay focused and energetic. Mental health should not be ignored either. Spending time with loved ones, relaxing, and limiting screen time help people stay calm. Finally, good personal hygiene protects everyone from illness and keeps the environment clean.

4- a. Choose the correct answer from a, b, c or d:

1- Why is physical activity important?

- (A) - It wastes energy (B) - It helps reduce stress.
(C) - It replaces sleep (D) - It increases screen time

2- Who especially needs enough sleep?

- (A) - Adults (B) - Athletes (C) - Teenagers (D) - Teachers

4- b. Answer the following questions:

1. What should people drink instead of sugary drinks?

.....

2. Why is personal hygiene important?

.....

3.-How can people take care of their mental health?

.....

5 Story (The Golden Goose)

5- a. Write True (T) or False (F):

1. 1- The king failed to keep his promise to Dummling. { }
2- Dummling became a wise and gentle prince. { }

5- b. Answer the following questions:

2. How did the people's opinion of Dummling change over time?

.....

3. What kind of person did Dummling become after his marriage?

⑥ - Rewrite the following sentences:

1. His house is bigger than mine. (My house)

2. The car is less expensive than the plane. (The plane)

3. No animal is faster than the cheetah. (the fastest)

4. The movie is less interesting than the match. (more)

⑦ - Complete the following dialog:

Lina and Omar are talking about helping other people.

Lina: I think it's important to help other people when we can.

Omar: Why do you 1..... that?

Lina: Don't you think helping others is a good thing?

Omar: Yes. Yesterday I helped my ..2..... with her groceries.

Lina: That's nice! I usually help my little brother with his 3.....

Omar: That's great. Helping others makes the world a better place.

Lina: How does it make you 4.....?

Omar: Helping others makes me feel happy.

⑧ - Write a paragraph of NINETY (90) words on:

"Healthy Habbits"

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Listening Texts

Test on unit 7:

What makes the museum special is its blend of tradition and technology. Interactive displays, 3D models, and digital guides allow visitors to explore Ancient Egypt in a new way. The GEM also includes a conservation center, library, cinema, and spaces for workshops and culture events.

Test on unit 8:

Ramy and Sameh were arguing about their house roles. Ramy said it was Sameh's turn to wash the dishes, but Sameh insisted that Ramy only fed his cat and didn't do anything else. Ramy replied that he also took out the rubbish, so the dishes should be Sameh's job, not his. They couldn't agree, so they wanted their mom to decide who was right.

Test on unit 9:

Marwa is talking about her daily routine and her family's chores. Every morning, she makes her bed at 7:00 a.m. and then gets ready for school. After classes, she comes home at 3:30 p.m. and helps with some of her family's housework so that the home stays tidy.

Test on unit 10:

A smile is free, but it can change someone's whole day. You can also carry shopping bags for an older person who finds it difficult to walk. That small effort shows respect and care. Another easy way to help is by explaining a lesson to a classmate who doesn't understand it. Your time and patience can make learning easier for them.

Test on unit 11:

waterfalls is Victoria Falls, located between Zambia and Zimbabwe. Its powerful waters crash down with a thunderous roar, creating mist that rises like smoke. It is often called "The Smoke That Thunders."

Test on unit 12:

Living a healthy life isn't difficult when we make smart and responsible choices. One important habit is eating balanced meals every day. Our bodies need fruits, vegetables, whole grains, and proteins to stay strong. It's also better to drink plenty of water instead of sugary drinks.